



Football rises through the ranks

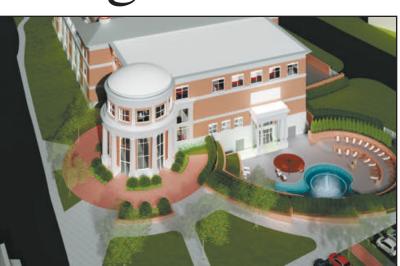
Football players high-five fellow Troy students who came to support their team at Troy's Veterans Memorial Stadium in its game against UMass on Nov. 5, 2016. The Trojans won 52-31. For more information about the rise of Troy's football team, visit Page 9.

Old arena to get 'rec'ed

New rec center groundbreaking set this summer

Hannah Stone

Construction for a university recreation center is projected to start at the beginning of August 2017, with completion expected in November 2018, according to Olivia Melton, 2016-17 president of the Student Government Association.



Prevent freshie errors

Santana Wood

Not getting involved early, eating too much campus Chick-fil-A, and neglecting to learn where the library was before mid-semester are among the things Allyson Waldrop, social work major from Cullman, regrets from her freshman year at Troy University.

Freshman year is the first year of college and a time of firsts for many things. It is where you start gaining a degree, but also friendships and life experiences. Students strive to do their best, but mistakes happen.

"I would tell incoming freshmen to get involved early," said Waldrop, who was a senior in the spring. 'I didn't join an organization right away, and it got real boring, real quick."

Waldrop has been involved with Alpha Delta Pi sorority, which helped her gain friends as well as get some volunteer work in the books.

See Mistakes, Page 14

You can appeal a parking ticket to student panel

Justin Blowers

Kylie Foor walked out appeal form can also be of her dorm to be greeted found under the traffic

to the web address at the bottom of the ticket. The

According to Jim Bookout, senior vice chancellor of finance and business affairs, construction will begin as soon as the plans are finalized, with the goal of starting in August.

"The process has been successful, and the architects have been guided by the Wellness and Recreation Center Committee comprised of four students, two senior vice chancellors, two student services representatives, the city of Troy's rec center director, physical plant and a project manager," Bookout said. "The process to date has taken several months."

In the fall of 2016, a \$100 fee was tacked on to the bill of each full-time student to help pay for construction.

According to Bookout, Troy's Board of Trustees will increase the fee by \$25 every four years.

"The fees will pay the debt service on the bonds used to build the facility," Bookout said. "The fees do not cover the operational expenses of the facility."

"We decided that the best thing for Troy long-term would be to make this new rec center the face of Troy," said SGA Sen. Sierra Artist's rendering of an aerial view of the new recreation facility planned to be completed in 2018. Design is subject to change.

in the spring.

The new rec center will be built where the Sartain Hall parking lot is now located, during which Sartain will remain operational. After the new rec center is built, Sartain will be torn down to create a parking lot.

With parking already a concern, the university announced plans for a new parking lot near the Trojan Center earlier this year. The new lot

Clark, an exercise science major is expected to be ready in October from Birmingham who was a junior to replace the lost Sartain parking, according to Melton.

> Melton, a mathematics and economics major from Orange Beach who was a senior in the spring, encourages students to take advantage of the university's transit system when parking will be short early in the fall. Bookout suggests that students use the outer lots, such as the Trojan Arena lot.

> > See Rec, Page 6

Hannah Stone photo



Artist's rendering of an inside look of the new recreational facility. Design is subject to change.

by an officer writing her appeals tab, which is a parking ticket. But that wasn't the end of her story.

Her ticket was just one of the many given on Troy University's main campus. A total of 8,480 parking tickets were given in six be voided. months, according to the Troy University Police Department.

Getting a ticket is a reality that many Troy University students have to face. However, you can appeal a ticket.

Foor, a psychology major from Enterprise who was a junior in the spring, decided to appeal to the Traffic Appeals Committee.

Daniel Patterson from Alpharetta, Georgia, who was chairman of the committee and a junior political science major in the spring, said there is no reason to be nervous or intimidated about the process.

"We're not mean people," Patterson said. We're all just students."

The first step is to go

under the SGA tab, on the Troy University website.

Next, you should submit the parking ticket online along with any argument as to why the ticket should

The more evidence you have-especially pictures -the better, according to Patterson.

"Make sure you have all the facts you believe are relevant," he said. "Don't come in without any facts, and know where you parked."

See Tickets, Page 7

TROY UNIVERSITY	
TICKETS: Inevitable	
FINES:	
Parking/Driving on Grass Wheel Lock Removal Local Noise Ordinance Tow Away Zone/ Blocking Dumpster	\$50 \$50 \$75 \$75
Service Areas/ Loading Docks Fire Lane	\$75
Littering Handicap Parking/ Blocking HC Ramp	\$75 \$75
All other violations	\$10

Sable Riley graphic

Recipe for success: Chancellor advises four steps

Jack Hawkins Jr., Ph.D. Chancellor

behalf of the On Troy University family, welcome to the 2017 IMPACT sessions, which will provide an orientation to your new college home.

I am glad you have chosen Troy University, and I believe in time you will believe it was one of the best decisions of your life.



Jack Hawkins Jr., chancellor of Troy University

After serving as chan- I could give you about success in the internation- debt in the USA topped

your TROY experience. you after graduation. I will focus on what I believe are the four most important topics.

TROY enrolls students from almost 80 nations around the world.

opportunity to get to involved that you neglect know classmates from your academic work. other cultures.

cellor for 28 years, there friends, and you will is a great deal of advice better prepare yourself for

getting the most out of al marketplace that awaits \$1.3 trillion and for the of comedian Woody Allen,

2. Get involved!

Involved students are usually 1. As Alabama's In- students. Join a special-international University, terest club, play intramural organization.

A word of warning, Take advantage of this however: Don't get so traditions.

debt.

Last year, total student

first time was greater than who said, "Ninety percent credit card debt.

Do not take out student successful loans unless you absolutely need them. Manage your money wisely by sports or pledge a Greek following an expense budget.

4. Learn TROY

It's important to know the words of the alma 3. Be smart with your mater and the fight You will make lifetime money, and manage your song. Take time to learn about the history of the University.

Finally, take the advice assist you.

of success is showing up!"

Go to class, and get to know your professors. They will be happy to help you if you show an interest in your academic work.

Again, I am pleased that you chose Troy University, and I hope the IMPACT sessions are interesting and informative.

Do not hesitate to ask questions of your IMPACT leaders! They are there to

Finding the best textbook for you

Sydney Taylor

Angela Clark opens her laptop's browser, class schedule in hand, and searches for the least expensive textbooks she can find.

"I can't afford to waste money on textbooks," said Clark, an anthropology major from Birmingham who was a junior in the spring. "So I make sure to check every possible source for the best price."

According to the Office of Financial Aid's Cost of Attendance document, the average cost of books and supplies for the 2016-2017 fall and spring semesters was \$1,129.

Clark attempts to keep that price down, which sometimes means getting books from somewhere other than the campus Barnes & Noble bookstore.

"What I don't think a lot of incoming freshmen realize is that you don't have to get your books strictly from the school's bookstore," Clark said. "I typically get mine from Chegg, Amazon and the bookstore."

'Ask your professor'

from Troy who was a senior in the somewhere else, the bookstore will sell spring, has a list of rules when purchasing textbooks.

book is required and needed for success in a class," he said. "Rule No. 2, check multiple sources. If the difference is plus Amazon.com and Barnes&Noble.com. or minus \$20, buy your book elsewhere because that difference adds up."

He also suggests that new students talk to their academic advisers about four-year plans so they know which books they will need more than once.

In the fall of 2016, the Barnes & Noble campus bookstore began price-match-



Sydney Taylor photo

Angela Clark, an anthropology major from Birmingham who was a junior in the spring, shops for textbooks and supplies in the Troy University Barnes & Noble bookstore.

ing textbooks. This means that if a said. Jonathon Carswell, a biology major student finds a textbook at a lower cost

> the student that book at the lower price. According to Christopher Wade, the

"Rule No. 1, ask your professor if the assistant manager at the campus Barnes & Noble, the store will price-match new, used, and used rental textbooks from

The books that the students find to price-match must be fulfilled and shipped by the Amazon.com and Barnes&Noble.com stores specifically, in the same condition, meaning used or new, and in stock on the site and on campus.

when it comes to price matching," Wade will not automatically pay for textbooks.

Alison Bradley, the textbook charge coordinator for Student Financial Services, discussed the university's textbook policy.

Buy books anywhere

"The university's policy is that you can get textbooks from any source, and that's OK with us," Bradley said. "However, because we have a contract with the campus bookstore, we can 100 percent guarantee that your books will be there and that you can use financial aid there."

"The students have the burden of proof know that even if they get financial aid, it

"It's important for students to realize that financial aid will only pay for books if you are able to charge from a refund."

A financial aid refund is the surplus money you receive after your tuition, room and board, meal plan and any other fees have been paid for.

If a student plans to use financial aid to pay for textbooks at the bookstore, the student must complete all requirements to receive aid.

Financial aid problems

"The main problems we experience are when students have not gotten their ducks in a row," Wade said. "They'll sometimes forget to sign a promissory note or complete the paperwork, and because we aren't financial aid, we are unable to fix it. Another big problem is that they'll wait too long and miss the deadline to use their aid."

According to Bradley, students have around a month to buy or rent textbooks using financial aid. The deadline for using financial aid is typically the Monday after classes have begun.

For fall 2017, students will be able to begin using financial aid to purchase books on July 24 and the deadline for using aid is Aug. 21.

'We love helping students," Bradley said. "But students have to help themselves. That's my golden rule. I will do anything I can for you, when I can. If it's after the deadline, it's after the deadline."

Bradley suggested that students rent or buy books early and also check with professors to guarantee that the textbooks will actually be required before the deadline to return books passes.

If using the campus bookstore, students Bradley added that students should can also make purchases online through their Web Express accounts or at troy. bncollege.com.

All about Hogwarts, other novelties

Samuel Mattison

Quills, scrolls and Harry Potter are into the books," Brannum said. items that you might not associate with a college course, but you will find them at he had a simple reply: Troy University.

Noel Kaylor, professor of English, taught a course called Selected Topics in Literature about J.K. Rowling's seven Harry Potter novels during spring 2017. And it's not the only unusual course that you will find on campus.

Harry Potter

Harry Potter is a fictional book and movie series featuring a protagonist of the same name attending Hogwarts School for Witchcraft and Wizardry. The books mainly focus on his adventures

Rowling.

"The class gives an interesting insight

When asked why he joined the class,

"I was a fan of Harry Potter."

'The Twilight Zone'

On another side of campus, a group of students wait in a classroom to begin their course. As class starts, the lights dim and a TV show opening is played.

"You're traveling through another dimension, a dimension not only of sight and sound but of mind," the show's opening says. "A journey into a wondrous land of imagination. Next stop, the Twilight Zone!"

David "Doc" Kirby, a lecturer of com-

University, said before a course is handed the dean and chair of that department to to the administration to be put into the approve. schedule, it must first pass the approval of its department.

"With course offerings, the chair originator of the "Harry Potter" idea. and the dean are the two critical decision-makers," Fulmer said. "For degree programs, these two are critical in initiating the new programs, and I get involved in the approval process."

Classes are proposed by professors in a department. Then, they are given to scuba diving.

Kirk Curnutt, the chairman of the English department, said Kaylor was the

"It was a no-brainer, and we are happy to offer it," Curnutt said.

Troy University will offer a variety of unique courses in the fall, including archery, beginning swimming, beginning tennis, physical defense for women, and

JOIN TROY UNIVERSITY

with his friends and quest to defeat an evil wizard named Voldemort.

The course gained media attention, with Kaylor being featured on multiple radio shows, newspapers and online websites. Seventeen students enrolled.

"It's definitely the most unique course I've taught," Kaylor said.

Students complete their work on pieces of parchment. Kaylor said some students even use quills in keeping with the tradition of the Harry Potter franchise.

Kaylor said the response from students has been "extremely positive," and he has considered teaching the course again.

"If there is a demand, I'll do it again," Kaylor said.

Tim Brannum, an English major from Pelham who was a freshman in the spring, was a student in the Harry Potter course.

Brannum said that he enjoyed the course and the way class was conducted.

The course offered deep discussions How it happens into philosophy, language and ideologies

munication, taught a course called Journalism and Social Justice in "The Twilight Zone" during the fall 2016 semester. The course focused on watching and interpreting the meaning behind episodes from "The Twilight Zone."

"The Twilight Zone" is a fictional anthology series from the 1960s featuring stories from a dimension known as the Twilight Zone. Each episode focuses on a protagonist being put into a situation that is both bizarre and thought-provoking.

"For me, it was more than a TV show," Kirby said.

Kirby said what appear to be just entertaining stories are windows into the deep, complicated nature of humankind. He said the course was designed to let students view the world in a more complex and deep way.

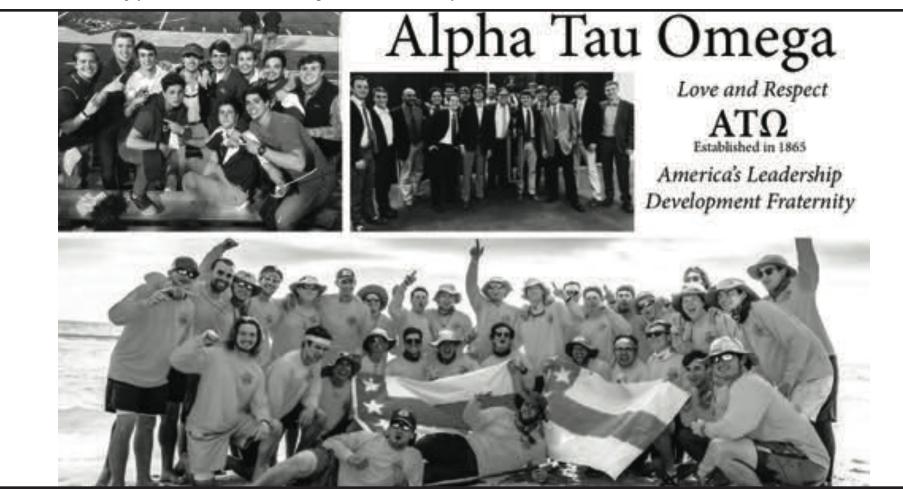
Kirby said a student told him that the course made him a fan of the series.

Hal Fulmer, the vice provost and the and even a look into the psyche of author dean for undergraduate studies at Troy

French Club

Go to France | Learn French Cuisine Practice French | Game Nights





Students made special edition of Tropolitan for newcomers

Students can use this special summer edition of the Tropolitan as a guide to help achieve success at Troy University.

This edition is designed specifically for students participating in IMPACT summer orientation, but also distributed to students on campus at the end of spring semester 2017.

Students who worked on this project as writers, editors, photographers and advertising sales representatives include the following:

Lacey Alexander, Holly Ammons, Josiah Askew, Tori Bedsole, Sarah Blain, Justin Blowers, Alexander Collier, Kathleen Egbert, Alex Foxx, LaBrecia Jackson, Sam Mattison, Shelby Miller, Graham Pierce, Sinclair Portis, Sable Riley, Nathaniel Rodriguez, James Shipma, Mynecia Steele, Hannah Stone, Sydney Taylor and Santana Wood.

For most, the special edition was part of their work during spring journalism classes taught by Steve Stewart.

During the fall and spring semesters, students publish the Tropolitan every Thursday as an extracurricular activity, not connected with any class. Other student media include the Palladium yearbook and Trojan-Vision television news.

You need not be a journalism major to work on these media. Newcomers are welcome. Tropolitan and Palladium scholarships are available.

For information about the student media or the Hall School of Journalism and Communication, contact Stewart at 334-670-3328 or the J-school office at 334-670-3583. Or email sstewart71298@ troy.edu.

Nathaniel Rodriguez If Mary Stewart, a social

work major from Prattville who was a junior in the spring, had not learned to cope with her stress, she might not have survived.

In the fall of 2015, Stewart was dealing with being an accounting major, a student leader for The Fellowship of Catholic University Students, a Trojan Ambassador and a resident assistant for the Newman Center.

The weight of all these activities caught her by surprise.

"Honestly, when I started off, I was very eager," Stewart said. "I became extremely overwhelmed later."

Taking time

To deal with her stress. Stewart took time for herself, investing in hobbies such as reading and drawing. She also found that being involved helped ease her stress.

Stewart's case is not unique. Many students come to Troy University unprepared for the stress of university life due to lack of external motivators to keep them on track, according to Dr. Andrew Creamer, chairman of the counseling, rehabilitation and interpreter training department.

Some students who have pre-existing psychological or emotional issues can also be adversely affected by the pressure, although **Taking control** some benefit from the structure it provides.

"We probably see a split between both sides, but a lot of people thrive when they're struggling," Creamer said.

To deal with their who need mental help. stress, some students turn The Student Counseling to different methods of Center at 113 College coping, although some are Drive harmful.

Coping such as procrastination, least one credit hour on drinking, binge eating and Troy's



Nathaniel Rodriguez photo Mary Stewart, a social work major from Prattville who was a junior in the spring of 2017, works while on duty at the Newman Center.

drug abuse often make matters worse.

"If I start drinking, when I sober up, I'm going to be depressed, and then I'm not going to be able to do my best work," Creamer said. "It's compounding factors coming into play."

To manage stress, it is important to take care of physical health first by maintaining a healthy eating and sleep schedule, according to Creamer.

He also explained the importance of serotonin, which functions as a mood stabilizer. If people are stressed, they can create serotonin by exercising or being exposed to sunlight.

The last tip Creamer gave was to maintain a planner to keep events and priorities organized and prevent a loss of control.

The university has resources for students provides free counseling to students techniques who are enrolled in at main campus.

Students can make appointment with an counselor Monday

Dealing with college's stress

through Friday and talk about subjects like stress, anxiety and mental illness.

ing center, there are student freshmen, organizations such as Trojan Outreach and the National Alliance on Mental Illness on Campus (NAMI).

Trojan Outreach provides stress relief materials, such as stress balls, art journals and coping boxes, to students for no cost.

"We also just try to have at least one day a semester that we dedicate to just being like a stressfree day where we have a bunch of games out and stuff for people to do that isn't related to school or work or anything else," said Nelson DeLucca, housing liaison for Trojan Outreach and a psychology major from Smiths where people can get Station who was a senior easily burnt out if they in the spring.

NAMI on Campus serves as a support group for students dealing with mental illness. These students provide peer support for each other. "We want to have your future career."

In addition to the counsel- a group of students: sophomores, juniors, seniors, graduate level," said Dr. Joel Willis, assistant professor of rehabilitation and faculty adviser to NAMI on Campus.

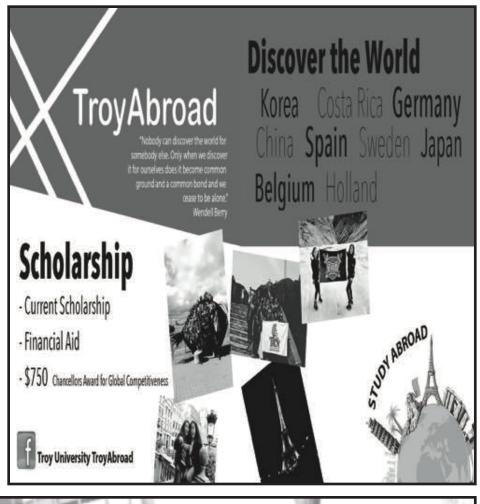
Group support

"All these folks together, we want them to come together and have a group where they can get support where they need it."

Students like Stewart, who eventually figure out how to cope with stress, learn how to perform better and apply their lessons outside school.

"Since I'm going into social work, it's a job don't learn to use coping methods," Stewart said.

"I would say I'm pretty prepared. My professors do a pretty good job with teaching how to apply what you learn in class to





Say WHAT?

The Tropolitan asked five professors the following question:

What advice would you give to incoming students enrolling in your class?

"Make sure you go to your classes. I don't even care if you have the right answers to your stuff, or if you have all of it. What I'm looking for is that you tried-made an attempt."

-Ken LaBrant, director of the university honors program

"Students need to take responsibility. Talk to the instructor early. Seek to understand, and then study.'

-John Kline, distinguished professor of leadership and director of the Troy University Institute for Leadership Development

"Understand that we are human beings. We do not try to make classes exceedingly difficult. We are concerned about their success, sometimes more than they are. We really, really hate to fail students."

—Susan Sarapin, assistant professor of multimedia journalism and communication

"Consider this the beginning of your career, and if it's something you would not do in your career, then don't do it in school."

-Richard Nokes, associate professor of English

"I would recommend that students (a) show up on time, (b) take lots of notes, (c) study their notes thoroughly, and (d) remember that learning is fun."

-Christopher Bradley, associate professor of sociology

Prof peeves: sleepers, unprepared students

Sable Riley

"If I see a student nodding off, I have "They're trying to stay awake. They trying to stay awake."

Nokes said he is particularly annoyed with "the ones who are like 'the heck with this, I'm just going to put my head down,' " for which his usual response is to ask them where they live and tell them they are welcome to sleep in his class.

"But, at 3 a.m., when they're trying to sleep, I'm going to break in their house, stand over their bed and lecture them about today's lecture," Nokes said.

Students sleeping in his class is one among a plethora of pet peeves Nokes and other professors listed concerning student behaviors in the classroom.

Nokes, who has worked at Troy for 14 years, recalled many personal and professional peeves he has developed as an educator.

One of his top concerns rests with students who have not completed the

out-of-class assignments and arrive in class unprepared.

"If you've arrived to a college-level some kind of respect," said Richard classroom without something to write on Nokes, associate professor of English. and something to write with, then, when you leave the classroom, you should walk dragged their butts to class, and they're immediately to the registrar's office and withdraw," Nokes said, "because you're not ready for a college-level education nor, frankly, adulthood.

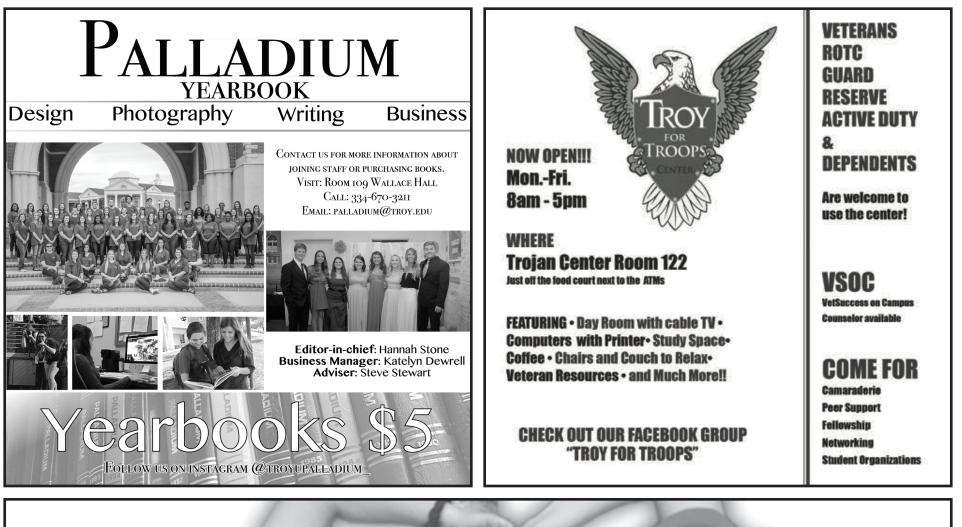
> "You should probably go back to your high school and ask them to re-admit vou as a freshman; perhaps even your elementary school would be my suggestion."

Nokes said that it's one thing to say you were too busy to do the assignments, but "when you show up without the basic tools to do those things, what you're really saying is 'I have no intention of doing those things.' It wasn't that 'I got busy'; it was that 'I never wanted to.'

His biggest pet peeve is students engaging in behaviors that distract other students.

He recounted one experience with a freshman years ago, whom he described figuratively as an "endless shoe polisher,"

See Peeves, Page 5



PHIMU The Faithful Obisters



"Being honorable, courteous, tender, thus being true to the womanhood of honor" From Page 4

according to which, Nokes, is "someone for whom the apple is never shiny enough."

Peeves

On the first day, when he reviewed the syllabus for the class, the first-row student would raise her hand after every section to ask if there were additional assignments she could complete or books she could read for extra credit. this, Nokes То responded, "No, there aren't going to be any opportunities for extra credit in the class."

After this student interrupted class at least 10 times to prompt the same response, Nokes said, "Right now, you have no regular credit in the class, so why don't you just focus on seeing if you can get regular credit?"

"I didn't think that was that harsh," he said, "but she started crying. ... Apparently, it gave great joy to the other students." Nokes said there were

many pet peeves he developed after specific incidents in his classroom. "I have, on а couple of occasions, had students arrested out of the classroom,' Nokes said. "If you're going to get

arrested, do it on your own time."

Nokes had one student who finished every sentence with "dawg."

"After addressing me on several occasions as 'Dawg,' I insisted that he call me 'Professor Dawg,' which he did," Nokes said. John Kline, distinguished professor of leadership and director of the

Development, said procrastination is the most concerning negative student behavior.

"When students miss - don't get their work done — they're not getting the value that they deserve, and they're, consequently, wasting their money and their parents' money," Kline said. "I'm concerned that students don't jump right on assignments and work on them. Students that do, do so much better."

Kline and Susan Sarapin, assistant professor of multimedia journalism and communication, worry that students graduating from high school lack a sense of accountability.

Sarapin recalled students returning to class from having been absent, asking: "Dr. Sarapin, I was absent on Thursday. Did we do anything?"

"You will always have something," missed Sarapin said. "I don't come and teach and not teach something, so the question is such an insult." While

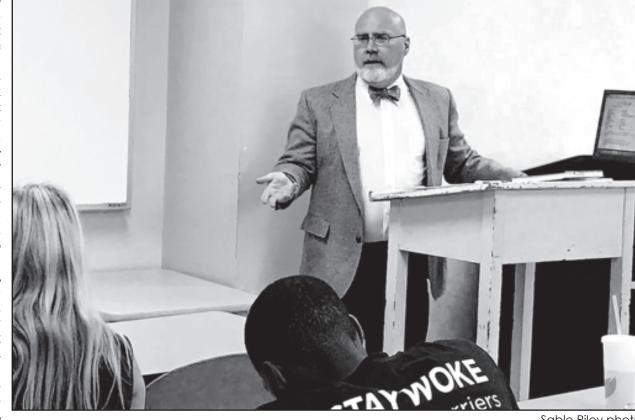
Sarapin "It's really up said reaches out to the student to to students make a decision who miss often, about whether they are willing student's responsito put in effort bility to make a good make up the impression." - Bailey Sutton, grade.

"In the business major last week

she

of the how many students write to me and tell me basically major from Homewood that this is the first time who was a junior in the they've looked at their spring, said she has exgrade and they see that perienced an array of they're getting a C or a professor pet peeves. D," Sarapin said. "They scholarship.'

can't make sure you keep important to know what



Sable Riley photo

Richard Nokes, associate professor of English, lectures in front of his class, teaching the history of the English language.

your scholarship."

Ken LaBrant, director of the university honors program, said he viewed peeves less as pet something that annoys him personally, and more as oddities.

Among his perplexities, he named students not attending class regularly.

"It's like buying a it is the pair of shoes and never wearing them and, as a matter of fact, throwing to them away brand new," he said. "That's your money. work and It seems strange to me. I improve her might be like, 'That's odd.' Could you have not given those shoes, or that class, to another person? Maybe purchase credit for other semester, I can't tell you people so they can attend?"

Bailey Sutton, a business

"I once had a professor ask: 'What can I do to that would freak out get an A? If I don't get if you wore a T-shirt an A, I'm gonna lose my with another university's name on it," Sutton "It's a tough world, but I said. "I think it's pretty

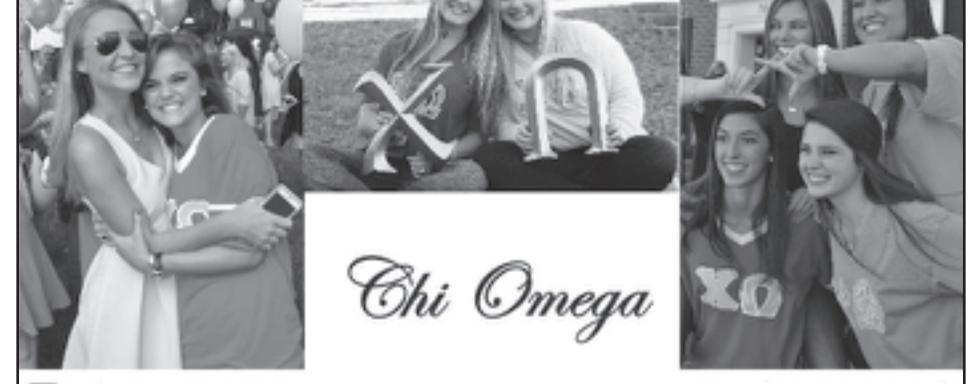
pet peeves your professor your professor can make about whether they are different, and some can be in a class, and your GPA. very particular."

has because they're all so or break your experience willing to put in effort to

"It's really up to the Sutton said. "I would defi-Sutton said in college, student to make a decision nitely suggest it."

make a good impression,"





@chiomegatroy

@ChiOmegaTroy 🔰

"Sisters on Purpose"



On your own, becoming an adult

LaBrecia Jackson

The shocking realization of having to wake up on time for class, wash their own clothes or provide their own meals is eye-opening for some freshmen.

"College has made me live up to the standards as a 'young adult' because my parents aren't here to tell me to get up in time, or to go to bed on time, or to go to church," said Corey Mitchell, a business and finance major from Demopolis who was a freshman in the spring.

Adoria Hughes, а broadcast major from Columbus, Georgia, who was also college has made her a more responsible person. "I have grown by

budgeting my money," she

said. "I've been looking for sale ads online and have downloaded coupon apps like P&G Brandsaver that allows me to print coupons off my computer. "Couponing and re-

searching sales have helped me save a lot of money."

Managing time

Aside from the basic responsibilities of becoming an adult, the most important lesson of college, perhaps, is time management.

"It's so easy to get off spring, uses apps like P&G Brandsaver to find coupons to budget money. track from homework, especially when you have versity orientation course, find a balance," Woods who you are in order to be journalism days to do it," Hughes TROY 1101, are to help said. "Know why you're accepted by others." said.

"I made it my goal for Troy University system remember your main goal a freshman, agreed that this semester to stay on worldwide, top of my work and do it familiar with resources right when it's assigned instead of waiting." The goals of the uni-

Take a successful path: the university's Trojan Way

Troy University's advice for students includes following "the Trojan Way," which promotes civility and responsibility by stressing the following tenets:

Be respectful.

Rec

From Page 1

Speak appropriately.

The front of the rec center

it can be closed off and guests

can have access to restrooms on

Students will also have access

to a new healthy food option from

the entrance without having to

check into the center, although

not been announced.

ballgame days, Melton said.

- Dress properly for the occasion.
- Behave as a responsible, kind person.
- Adhere to applicable laws and policies.

strategies for succeeding that home-cooked meals in college and in a career are what they miss most I try to be a resource to such as time-manageabout living with their students because there are ment and study skills, parents. and engage in campus Be yourself Counseling and psy-Pernell, Derrick chology of student affairs assistant dean of student graduate student Erin

is graduation."

services and orientation ments for freshmen that I spring, advises freshmen have seen is the ability to to keep good relationships you do will reflect through integrate into college life with their parents. your grades, so be sure to without having to change

determined by student surveys.

success."

Jordyn

broadcast

Students have voiced concerns that they will be paying for the rec center but will graduate before it is finished. The SGA is working with the administration to create alumni benefits.

"It's in the works," Clark said. "It's on the table; it's being discussed; your opinions are valid. I want to hear them and take them into consideration.

"I want to make it a really big point that the administration doesn't hate students; they don't oppose students; they don't want students to not be able to some iron fist that is like 'No, quantity, Bookout said.

Lambda Chi Alpha

is exciting, but no one is going to care about you the way your parents do," she said.

"You may not believe me now, but the first time you're sick and your parents aren't there to tell you what to take or take you to the doctor, you'll see.

"Your friends will care and want you to get better, but they aren't going to drop everything for you the way your parents would.'

The students agree that high school seniors should begin taking steps to adjust to college life.

A game plan

"Whatever you thought about college ... throw it out," Woods said.

"College is not what you see on TV, but instead it's what you make it out I try to be that guide to to be. If you work hard, assist them in their road to you will see benefits."

"Come into college with a a game plan and knowing journalism what you want to accominstructor, said that "one major from Birmingham plish," Hughes said. "If of the biggest adjust- who was a senior in the you put in 100 percent effort, you will get the results you want to see. College is all about what you make it!"

> Group exercise classes will be no, no. No students that paid get to use the rec center!""

> > Bookout said the administration will consider all possibilities.

The facility has a \$24.5 million 'all in' budget, which covers the construction cost, architect costs, technology costs, furniture costs and other soft costs," Bookout said. "New equipment will be leased, and we are looking at several vendors at the moment."

Equipment will be leased, as with the current fitness center. The types of equipment will use this rec center. They are not also be similar, but in greater

courts: a multipurpose court and a traditional basketball court. The second floor will include will have a rotunda-like design cardio and strength equipment, similar to the student dining a room for spin classes, and a hall and Trojan Arena. The front game room. The game room will entrance will be set up so that include billiards and pingpong

from the upper levels.

tables. The third floor will have a running track, where 8.7 laps will equal one mile. There will also be access to an outdoor roof patio from this level.

Outside, there will be a the precise dining selection has swimming pool. The landscaping around the center will help The plan allows students to create a private area for the pool, look down to the lower levels designed for leisure use. The lot of it," Melton said.

pool has a sloping design, with the deepest area being about 4 The first floor will feature two feet. The deepest area is nearest to the pool's fountain.

students learn about the at college. Have fun, but

become

of the university, acquire

Woods advised that time

management be a top

"Remember that what

priority for freshmen.

activities.

There will be both wet and dry individualized lockers for changing throughout the facility. The wet locker rooms will include showers, toilets and sinks.

The SGA held town hall meetings and surveys throughout the planning process to see what students wanted in the new rec center.

"I feel like the administration really listened to what the students wanted, and we got a

Page 6



Adoria Hughes, a broadcast journalism major who was a freshman in the

Asked about homesick-

ness, both freshmen agree

LaBrecia Jackson photo

He advises first-semes-

ter freshmen to be them-

selves, explore the univer-

sity's opportunities and be

"Within the classroom,

some who struggle, and

Elston,

"Being on your own

active on campus.

fetime of True Brotherhood"

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What's best organization for you? Campus offers nearly 180 options – a chance to try something different

Lacey Alexander

With nearly 180 organizations on campus, it might seem easy to choose at least one to become an active part of.

The challenge for most specific organizations that make activities," Melton said. them feel at home.

of religious, political, Greek, quad to talk to freshmen about athletic and extracurricular groups, with membership numbers ranging from the handful of students in the film club to the hundreds of women in the Phi Mu sorority.

Learn about campus

The Student Government Association presides over and approves these groups. The SGA focuses on student life and how these groups can benefit the thousands of students at Troy.

"I would encourage freshmen to try new clubs that they may not have had in high school," said Olivia Melton, 2016-17 president of the SGA.

"Getting involved is critical for freshmen so they can get acclimated with campus, and become heavily connected to the Trojan family."

Melton, a senior in the spring

from Orange Beach who double-majored in mathematics and economics, said that finding the right group begins at IMPACT.

"During that time, freshmen are given various fliers, information, and have the opportunistudents seems to be finding the ty to ask students about campus

"And during welcome week, The university has a multitude student organizations are on the their clubs."

> Heath Barton, past president of the SGA, agrees with the importance of finding the right club or group.

> "Finding your niche at Troy University goes deeper than just attending meetings and participating in events," said Barton, an alumnus with a degree in risk management and insurance from Opp.

Make an impact

"It is discovering who you are and making an impact for the best on not only the individuals around you, but the organization and community that you serve in."

Barton said he participated in religious, Greek and student government groups, and each of these groups gave him a different experience at Troy.

"I was able to truly find my



Payton Buchin photo

Some members of the Troy chapter of the Alpha Psi Omega Theatre Honor Society after new-member initiation in May 2016. Bottom row, left to right: senior theater major Stephanie Clinton, junior dance major Kenzie Haynes, junior dance major London Brison. Middle row, left to right: alumna (theater) Elisa Dewberry, senior theater major Meagan Evans, senior theater major Vincent Rosec. Top row, left to right: senior theater major Lacey Alexander, senior theater major Baine Ellis.

inner warrior spirit," Barton said, "and encourage Troy and of Alpha Psi Omega, wants its student body to always strive towards excellence."

According to trov.edu/greek. there are seven Interfraternity Council fraternities, five Panhellenic sororities, and 10 National Panhellenic Council fraternities on campus.

There are also Greek honor societies, such as Alpha Psi Omega for theater and dance major from Dothan who was a students, and Sigma Alpha Iota for music students.

But Payton Buchin, president freshmen to know that Greek life is not the only way to be involved.

Sense of community

"I think some people think that if they don't join a sorority or fraternity that they won't find a sense of community anywhere else, and that's not true," said Buchin, a theater education senior in the spring.

and fulfilling, but it's not the only option."

Buchin also said students should try venturing outside their majors.

"The theater department has open auditions every semester for people who want to be involved in their productions and you don't have to be a major to audition," Buchin said.

"I think venturing outside of vour major is important. I'm a theater education major, and I work with both the dance and music departments sometimes."

For athletic students, the Intramural Sports Department offers options that include indoor soccer, basketball, flag football and swimming.

Ultimate Frisbee is also a popular sport on campus, with the Greek organizations holding a tournament every semester.

Finding information

Many groups can be found on Facebook, and most groups have presidents or faculty advisers who can answer questions.

If all else fails, Melton recommends asking someone for help.

'Students can come by TC (Trojan Center) 215 to the SGA to receive any information about the 180 organizations on campus," Melton said.

'Freshmen should keep an eye out for fliers, emails, Facebook posts, and should ask older students about activities."

The troy.edu website has a full "I think Greek life can be fun list of organizations on campus.

Tickets

From Page 1

sophomore communication major from Seattle and member of the appeals committee in the spring, said that "it really helps if people bring in either pictures

bring in the ticket itself." After the appeal is submitted,

the committee discusses it at the next meeting. The committee Haley Neal, who was a meets every Tuesday at 4 p.m. in the Student Government Association office, Trojan Center 215.

At the meeting, the members discuss the appeal and cross-reference the facts. For example, us, we're more receptive. You of where their car was parked or they look at the parking zone things like that, and also if they map, where and at what time the in-depth explanation as to why."

violation took place, and what the violation was.

the committee issues a ruling, resolved at the meeting. usually at that meeting.

who is appealing is to come to the meeting, Patterson said.

"Usually when you come to

Foor said she was happy with how everything was handled,

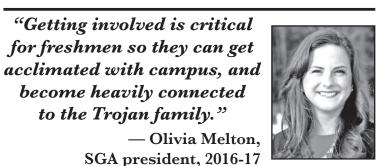
"It has to go a little bit further The best move for a student to the police chief due to the nature of the ticket, but it really who are able to help," Foor said.

The committee's decision is just ly, Foor's ticket was voided.

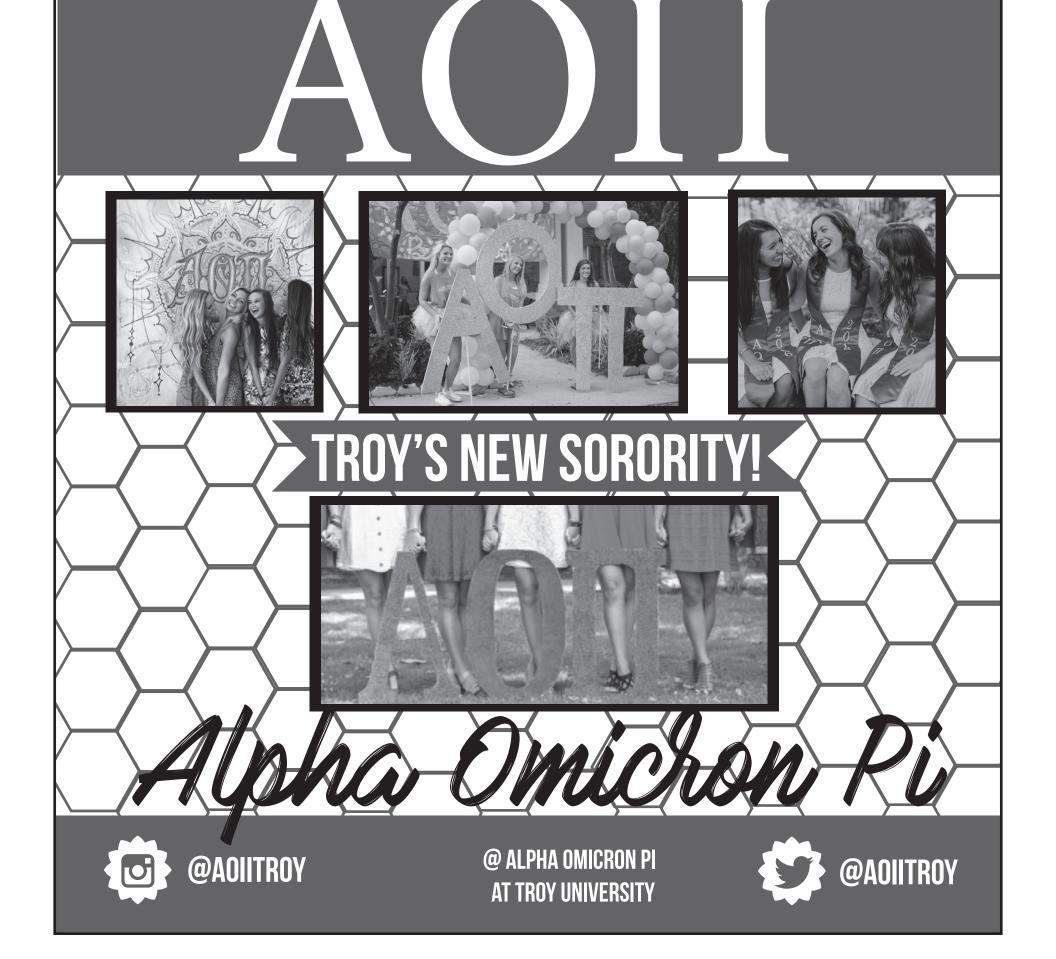
a suggestion to the chief.

"Unless the student just After hearing all arguments, even though it couldn't be blatantly lies in their appeal's explanation, we stick by whatever SGA rules," police Chief John McCall said.

If all parties believe that did seem like there are students the student's ticket should be annulled, the voiding process The university police chief will take about 10 days, usually are able to get a more has the final say on all appeals. according to McCall. Ultimate-









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After 10-3 football season, will team do even better this year?

Coach is inviting new students to 'be a part of something special'

Alexander Collier

Troy University's football team won 10 games last year, and head coach Neal Brown said that this year he wants the team to improve with the help of students and other fans.

The Trojans' record was 10-3 for the 2016 season, Brown's second year as coach. The team won the Dollar General Bowl.

"Our focus this year is improvement," Brown said. "We are transitioning from a program that's rebuilding."

The motto "Rebuild the Wall" still applies, but the team has added another motto this year: "Run to The Roar." Brown said it means "that this team has expectations."

"You don't cower down shows in the record books. It from tough workouts or big all starts with what we do in the programs," he said. "You face spring and summer." challenges head on."

Al Pogue, defensive backs a record-breaking year, but the coach, described what he room for improvement is always expects from summer workouts.

"We want guys to compete every day this summer," he signing day in February - the said. "Bettering yourself from most in program history. the previous year is what builds programs.

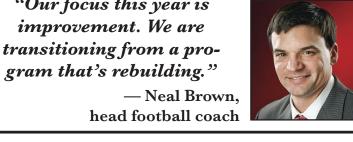
"Our focus this year is

improvement. We are

The Trojans are coming off

there. The Trojans got 22 players on

"We signed a number of guys," Brown said. "There "If you don't get better, it are several spots on special



"If you don't get better, it shows in the record books." - Al Pogue, defensive backs coach

sachusetts on Nov. 5, 2016, in Veterans Memorial Stadium. The Trojans won 52-31.

immediate contributors." Brown said community

leaders' support of the university and its athletics has helped build fans' interest. He said he hopes incoming students, as well as returning fans, will do tailgating and experience the games.

The fan base gave Troy the edge in some of its games by being the "12th man," he said.

"Some of your best college experiences are tailgating and at football games. Come be a part

of something special."

Attendance was 25,782 for the Nov. 12, 2016, game against Appalachian State. It was the fifth-largest crowd in Veterans Memorial Stadium history. The Trojans won 28-24.

"It was close all game," said teams where guys can become Myles Charley, a graduate student in business marketing from Birmingham. "Being at home and the fans being so loud really made the outcome.

> "I've been at Troy going on six years. That was one of the most electrifying games I've seen at Troy, and it can only get better."

> The Trojans will play their season opener at Boise State in Idaho on Sept. 2. The first home game will be Sept. 9 against Alabama State.



Alexander Collier photo No. 84. Robert Johnson, a junior business major from Hueytown, catches the ball during the Trojan Day game April 15, 2017.

In addition to football, men's intercollegiate sports at Troy University include baseball, basketball, cross country, golf, tennis, and track and field. Women's sports include basketball, cross country, golf, soccer, softball, tennis, track and field, and volleyball.

Students make lifelong bonds on campus





Running back No. 38, Jordan Chunn, scores a touchdown against the University of Mas-

Photos provided by Buddy Johnson and Mynecia Steele

Buddy Johnson, director of the university's Broadcast and Digital Network, and Dr. Theresa M. Johnson, senior lecturer and director of development in the English department, on a recent wedding anniversary (left) and on their wedding day (middle). Courtney Batcher, an anthropology major from Ariton, and C. Nelson, a graphic design major from Pike Road, spending time together in the Trojan Center food court.

'It's nice just having someone to be there to talk to you about whatever you're going through'

Mynecia Steele

It was Feb. 9, 1973, when Buddy Johnson, now director of Troy University's Broadcast and Digital Network, and Dr. Theresa M. Johnson, senior lecturer and director of development in the English Department, had their first date.

They were students just starting on their career paths, but they weren't the first or the last to build lifelong relationships with people they met in college.

Buddy Johnson was from Pensacola, Florida, and Theresa Mount was from Brantley. She saw him for the first time when she was a high schooler visiting Troy State University - the school's name then. He was performing in the school's musical production of "Camelot."

His costume fit his character, she said.

"I said to my best friend, 'That guy looks like the devil himself, but he has good-looking legs,"" Theresa Johnson remembered.

She never imagined that she cooking at his apartment. would see him again. But after beginning her college career, the sequence of events a little she found herself interacting differently.

with Buddy Johnson often. She would even catch him watching her sometimes.

"She was the prettiest girl I'd ever seen," Buddy said.

The future couple were both a part of Troy's Collegiate Singers.

One day, the group sang "Happy Birthday" to Buddy, and afterward, he asked, "Can I walk you to class?" Theresa said.

She corrected his grammar for using "can" instead of "may," responding: "I don't know. I'm not going to be late, and I'm not sure you can keep up with me."

11 inches of snow

to snow. There were about 11 inches of snow on the ground, and the university shut down at noon.

They walked out of class together, and he offered to carry her through the snow so that she wouldn't ruin her boots, but they fell, said Theresa.

She added that he also offered to cook for their group of friends. So they all waited out the snow and endured his awful

However, Buddy remembers

"When you're in a relationship, you think about the other person and how your decisions affect them." — Ashley Abrams

He argues that he did pick her up; they never fell, nor did he drop her. He also remembers the meal differently. "It was a fabulous Italian Not good to be alone meal," Buddy said.

After that "day when hell froze couple continued dating. They married on March 16, 1974.

Students tend to build lifelong bonds while in college, said Shelby Populus, a sophomore in the spring and a criminal justice major from Mobile.

She said some of her current relationships started in high school and have followed her to college, while others were formed by meeting new people in classes, at social events and through mutual friends.

an opportunity to develop new

existing ones.

"When you're in a relationperson and how your decisions affect them," said Ashley Abrams, an education major from Montgomery who was a having someone you can always go to and depend on."

Relationships can also help students grow as individuals. Having people around whom you care about discourages selfish behaviors.

A romantic relationship provides the opportunity for A few days later, it began over," as she described it, the people to share life events and can prepare students for the give-and-take of marriage, said Dusty Taylor, the student minister at Troy First United Methodist Church.

> " 'The Lord God said, 'It is not good for the man to be alone. I will make a helper suitable for him,' " Taylor said, quoting Genesis 2:18.

Courtney Batcher, an anthropology major from Ariton, and C. Nelson, a graphic design relationships. But I do think major from Pike Road, have Others agree that college is been dating for more than a year. you have a healthy relationship, Both were sophomores in the it can help you become a better relationships and strengthen spring. They met at Spectrum person."

Alliance's "Gayme Night."

"At least for me, this relationship, you think about the other ship has been a real confidence booster," Batcher said. "I feel much more confident than I did when I came to college."

"If it weren't for you, I senior in the spring. "It's nice wouldn't have been able to come out to my parents," Nelson said to Batcher.

> Other couples see them holding hands and stop to ask whether they're dating.

> "It's weird how you find out how many more queer people there are in the dorm, once you're the other one," Nelson said.

> Populus described college as "a crazy time," sometimes "tough," when a student learns more about herself but also needs friends.

> "It's nice just having someone to be there to talk to you about whatever you're going through because it's not always about having people to go out with, but having someone to hang out with, and let them know that you're there," she said.

> "Don't lose yourself in your they are a good thing because if

Diverse cultures unite on campus

Sinclair Portis

Page 10

When she arrived at every student. Troy University, Jessica Edwards, like many other senior lecturer and adviser what was to come.

I was like 'Oh, my room for change. goodness, I don't know if I'm going to fit in Dr. King's life with a here,' " said Edwards, a service at the chapel, and social work major from ... what I've seen change Tuscaloosa who was a in the last 11 years is that junior and vice president the composition of the of the NAACP in the crowd at that gathering spring.

years progressed, I love can-American kids, inter-Troy. I've witnessed and national kids and plain old made relationships with domestic American white all types of people."

Students fear meeting because they are strangers, Luther King Jr. but because they are from all different walks of life.

nizations like Spectrum others like themselves. Alliance, International

ativity work to make the campus comfortable to

Joe McCall, history students, was afraid of for ISCO, experienced the diversity growth over the "My freshman year, years and sees even more

"Every year we celebrate included white fraternity "But honestly, as the and sorority kids, Afrikids," McCall said.

He was referring to

Troy has many clubs Troy University's orga- know one another and

"It's great seeing mul-Student Cultural Organi- tiethnic people from culture from around the meet people from around campus has four sin- kids are friends with zation, NAACP and many different countries in one world to the students on the world," said Shelby gle-stall restrooms in more groups involving university, and the good campus. It holds events Wood, a social science Trojan Center that are politics, religion and cre- thing is everybody feels like Tea for Troy and education and Spanish gender-neutral.



Sinclair Portis photo

Multicultural students play poker during a game night in the Trojan Center on Feb. 7, 2017.

science major that let students get to Hyderabad, India, who spring.

from cultures for others to learn. sophomore in the spring. "As a girl from a small,

double major from Wewahitchka, Florida, who was through a lot," Sherman a senior in the spring.

"Many of my closest friends are from places Reeves. "He works really like Saudi Arabia, China, hard, basically, to make Vietnam, Turkmenistan, sure that we do feel safe. South Korea, Guyana and and I think that's really Ghana."

Another club that provides a safe space to get to know people is Spectrum Alliance. This club allows those of different sexualities and genders to come together and talk about their experiences and problems.

"Well, what's the fun in everyone being the same?" said Carleigh Sherman, business major from Tulsa, Oklahoma, say: 'Gosh, I see people new people, not only civil rights leader Martin like one," said Shreya Country Night, where and president of Spectrum talking to everyone. It's Thumma, a computer students describe their Alliance. Sherman was a like everyone's talking to

The group practices was a freshman in the rural town in the South, making a safe environit has been so eye-open- ment for all members of ISCO works to bring ing and heartwarming to the student body. The

"Dean Reeves goes said, referring to Dean of Student Services Herbert awesome. ... I know we can trust him if we have any problems."

The NAACP, a civil rights group, volunteers around the community and campus and helps people of color succeed.

"I work at the admissions (office) and like giving tours," said Jessica Edwards. "A lot of new students will come in and tour, and they'll everybody.'"

"We have an incredibly diverse campus," McCall said.

"... How many American Chinese kids, how many Korean kids are friends with kids from Denmark?"

International programs thrive and expand

Sarah Blain

The international community at Troy University has seen growth in programs and students, said Darlene students spend on campus. For Schmurr-Stewart, dean of international student services.

Her office deals with recruitment and admissions for international students and services to them, including academic back in the home country. advocacy and immigration issues.

from the first weeks on campus - making sure they have the correct documentation, setting up bank accounts, finding main campus for three years. housing and going grocery shopping.

"We basically become whatever it is they need through

constantly pushing them out into the community," Schmurr-Stewart said.

Troy's various exchange programs determine how long example, the 1-2-1 program is a dual-degree program where each student spends one year in his home country, two years at Troy University, and one year

Botian Yuan, a general business major from Shiji-The office helps students azhuang, China, who was a senior in the spring, spent one year at a Chinese college and has been a student on Troy's

> Yuan said one of the hard things at first was the English language.

"We learn English in China, their home base while we are but it is basic things," Yuan said.



Sarah Blain photo

Timilehin Osituyo (left), a graduate student studying international relations from Ogun State, Nigeria, gets advice about school from Darlene Schmurr-Stewart, dean of international student services.

"Different people have different and Los Angeles, but he has accents. Some talk slow, and found people the South to be some talk fast. I cannot catch friendlier. up."

"When I walk on the campus, Yuan has visited New York people greet me," he said. He

plans to continue school and receive a master's degree at a different school in America.

"After I graduate, I think I will miss Troy and my American friends and family," Yuan said.

There are six campus organizations focused on international students: Chinese Student and Scholars Association (CSSA), Indian Student Association (ISA), Nepal Student Association (NSA), Saudi Student Association (SSA), Vietnamese Student Association (VSA) and International Student Cultural Organization (ISCO).

Joe McCall, senior history lecturer and faculty adviser for ISCO, said ISCO was started about 26 years ago by international students to foster

See International, Page 12



UAC organizes social events for students

Movies, outdoor activities, other occasions to relax, make friends

Josiah Askew

Many students arrive at Troy University not knowing anyone, but campus events allow them said Ariana Han, an adverto congregate in healthy social settings where they can make friends settings provided through how to make money." the University Activities Council.

"It is an opportunity for students to meet in a fun using fake money. environment," said Audrey Carpenter, the UAC public field trip once a semester relations chair and a social work major from Dothan tures, an outdoor aerial who was a sophomore in theme park near campus. the spring.

"The majority of our events are free, excluding dollar movie night,' Carpenter "This said. is done to maximize involvement from the students who are on a budget."

On the first Wednesday

of every month, the UAC slide. partners with Continental Cinema 5, the local movie recreation includes laser theater, allowing students combat on a battlefield, with university IDs access human foosball, minito watch movies for only \$1.

(Late in spring semester, an increase in the price so I just played laser tag," - perhaps to \$2 - wasbeing considered.)

The university provides shuttles to all sponsored events that are off campus.

and casino night are other a retired Troy University events sponsored by the student services employee meeting to stay up to date UAC.

"I really enjoyed skate night," Rhodes, an informa- since we opened." tion systems major from

was a senior in the spring. "It was a lot of people falling, but I know how to skate."

"I like casino night," tising major from Tianjin, China, who was a junior in the spring. "It teaches you

Han did not win her game but was not upset because the game is played

The UAC also offers a to Butter and Egg Adven-"We take groups of

students to the park once

'It is an

in a fun envi-

movie night."

a semester fun," for Carpenter opportunity for said. "It is students to meet a really big hit with international ronment . . . The students." majority of our Butter and Egg events are free, Advenexcluding dollar tures offers zip lines, a 7-acre lake -Audrey for boating,

water

Carpenter fishing and а

Other ground-based golf, archery and ropes for new campus can be overchildren.

"I was scared to zip-line, said Angel Amerson, a to have fun, relax and mathematics major from establish connections." Birmingham who was a freshman in the spring.

"The park is really Laser tag, skate night safe," said Susan Pierce, and owner of Butter and Egg Adventures. "We've said Kendra had no serious injuries

Augusta, Georgia, who who attend IMPACT, a part of the UAC team."



Audrey Carpenter (left), University Activities Council public relations chair, and Dekorrius Johnson, dollar night movie coordinator, working in the Trojan Center.

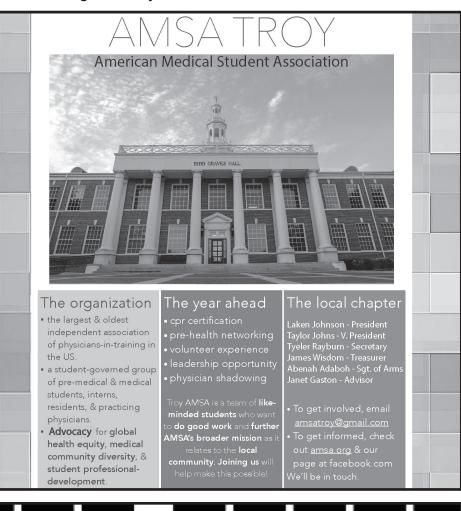
which is the university's orientation, also experience the camp.

"When students arrive on campus, they are bombarded with learning how the school operates," Carpenter said.

"Getting their classes, making sure dorms are arranged, financial aid, and not to mention learning a whelming, so the university provides the trip to students as a way for them

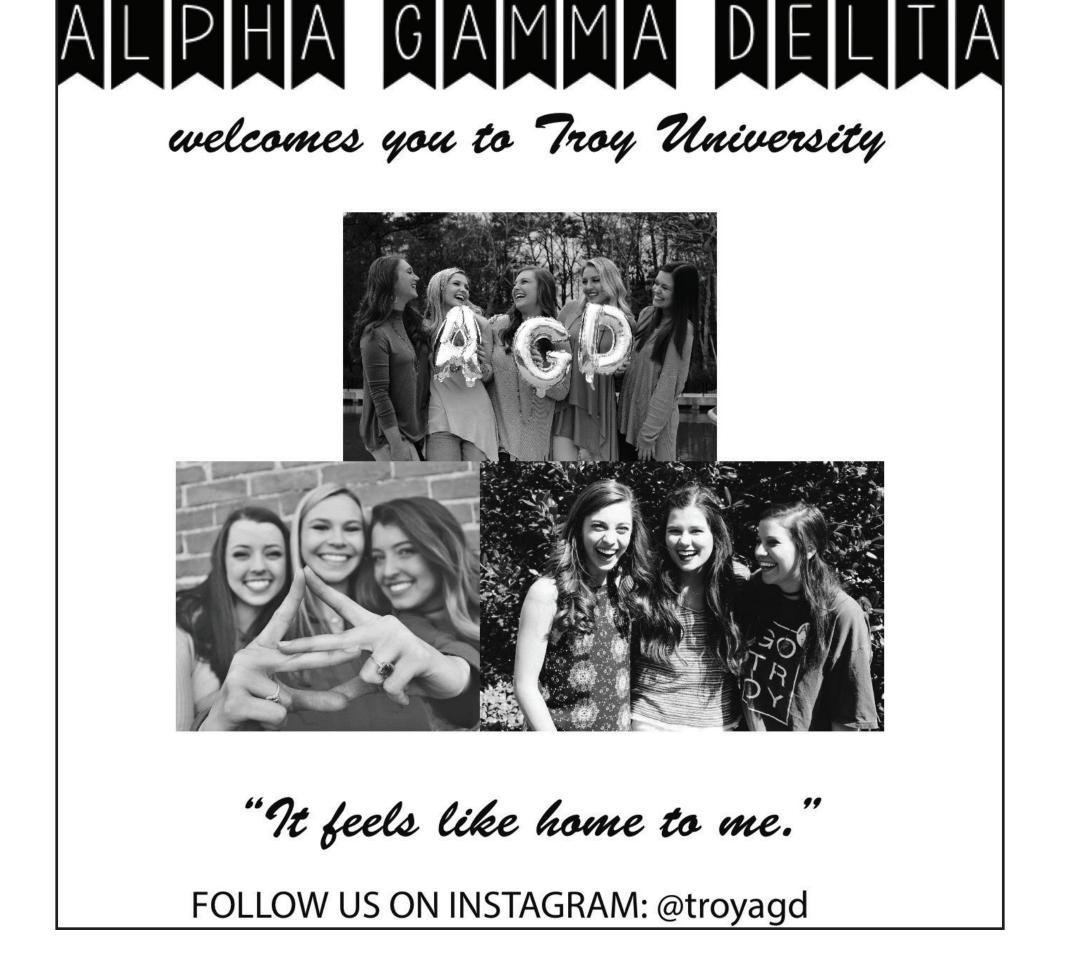
The UAC meets every Monday at 5 p.m. in Room 212 of the Trojan Center.

"Come out to the with campus events," Carpenter said. "And joining is really easy. The more meetings you attend, Troy University students the closer you are to being



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Josiah Askew photo



Tropolitan, Summer 2017

Freshman 15? Not using this meal plan

Alex Collier

She was like many high school athletes who didn't receive college scholarships to play sports. Her early-morning workouts turned into sleeping in on her day off from classes. Her diet didn't handle her lifestyle.

"And then it happened," said Marie Lopez, an exercise science major from Birmingham who was a senior in the spring. "I became a part of the most hated topic, the infamous freshman 15."

She wanted to take a more hands-on approach with her exercise science major, so she started with herself and was successful in losing weight.

"I've lost over 50 pounds since coming to Troy in 2012," Lopez said.

Eric Dunn, an instructor at CrossFit Ilium and Troy University alumnus, said when you get to college, you don't have a parent telling you what to eat.

"In high school, you have your parents as a guiding light, telling you 'Don't eat this' and 'Don't eat that," "Dunn said. "Yet when you have a buffet-style café, it's hard not to gorge yourself on things computer science major you're not supposed to."

all on-campus residents said that in high school to purchase a meal plan. he was consumed with These meal plans come in sports, but the minute he the forms of flex points, came to college, he gained for retail locations on 30 pounds. campus, and meals in Trojan Dining.

serves breakfast, lunch freshman 35 for me. and dinner.

Moe's Southwest Grill, day and forget that they which close at midnight, have healthier options that are both located in the you can eat from, too." dining hall building.

Food Court which is open Troy Dining Services, from breakfast to dinner, said the dining hall offers includes a coffee and healthy options for the bagel store, a sandwich students to choose from. place, a Chinese restaurant, and Chick-fil-A.

But all dining options can be purchased using cash or card as well.

hecome many take to food as

Troy University requires a sophomore in the spring,

"It was an eye-opening experience for me," Trojan Dining, Troy Binford said. "College University's dining hall, became so stressful and is open from 7 a.m. to 7 time-consuming that the p.m. on weekdays and freshman 15 became the

"As a freshman, you see Boar's Head Deli and the pizza and fries every

Michael Wonderly, The Trojan Center director of operations for

> "Much of the weight gain students face is when

they come "The freshman 15 from high school became the freshand have man 35 for me." limited -Brandon Binford options and

to a new atmosphere, said.

comfort," Dunn said.

so used to "As a freshman, you consuming those options a salad bar where they can overwhelmed that they don't broaden with school, and adjusting their horizon," Wonderly

are

Wonderly said dining hall offers healthier smartphones, in which Brandon Binford, a alternatives for students.

from Huntsville who was which is stir-fry; we have intake for each meal.



Lydia Gilmer, an English major from Chelsea who was a freshman in the spring, getting a salad from The Wild Mushroom, the salad bar in Trojan Dining.

grill chicken in front of you."

offers a dining hall app the called Bite by Sodexo for students can see the daily "We offer Magellan, menu and the calorie

"We do everything in our power to help the students make great choices, but we can't make them eat the choices we provide for them," Wonderly said.

To see dining hall menus, visit troydining.com.

International From page 10

relationships and connections between international students and domestic students.

"The goal now with ISCO is to serve as an umbrella organization to all the different nationalities on campus," McCall said, "and try to bring those people together with our domestic students."

McCall said ISCO is not just for international students, but also for domestic students.

In the last five years, ISCO has seen a growth of attendees at its meetings. At the beginning of fall semester 2016, there were 100 to 150 students, according to McCall.

McCall explained that during ISCO nights, students present different cultures on any given topic, including descriptions of customs, dress, food, contemporary cultures and history.

"I used to want to change the world big," McCall said. "Not anymore. I just want to change a little corner, and ISCO is a sweet little corner of the world of people getting to know each other."

Shelby Wood, Spanish and social science education double major from Wewahitchka, Florida, who was a senior in the spring, served ISCO's president as beginning in April 2016.

Wood said it was a pleasant experience because ISCO is a great organization that has been influential on the Troy University campus, bridging the gap between domestic and international students.

"I have met so many amazing people and made so many great friends from countries around the world," Wood said. "I have also had the opportunity to improve my leadership, teamwork and communication skills."

Troy University welcomes a new sorority: AOPi

Hannah Stone

The Troy University Greek system will expand in the fall of 2017 when Alpha Omicron Pi joins the five existing Panhellenic sororities.

A new sorority was needed because of growth in the Greek system.

The new sorority was chosen through a three-year process.

Representatives of three sororities visited the campus and presented what they could offer Troy. A committee of student sorority women made the difficult first round of sorority recruitment day for the new members.

involvement.

"I think AOPi will be a great addition to the Troy University Panhellenic community because they have such a strong alumni and financial support as well as a commitment from their national headquarters," said Emma Turner, an exercise science major from Huntsville and a sophomore in the spring.

She attended the competing sorority presentations.

decision, according to Barbara in fall 2017. After the first round, Patterson, director of student which is the philanthropy days, the sorority will drop out of re- Patterson said she hopes all socruitment week, Patterson said.

AOPi's recruitment will continue three to four weeks after classes begin. Women from the AOPi national office will be on campus, attending events.

Women from the national office, along with national officers, will then interview the women whom they consider prospective members during their last week at Troy.

They will make a selection of AOPi will participate in the the first women and have a bid

A meeting place for the new sorority has not been determined. rorities will receive new houses within one year of AOPi's arrival.

The new sorority will bring new traditions, a new philanthropy and numerous leadership opportunities, according to Patterson.

It will present "an opportunity for lots of women to immediately take on leadership roles within their chapter," Patterson said -"because they are going to pledge, and all of a sudden they are going to become the president, and the new member educator and the treasurer."



Wonderly said that Troy





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University's history goes back to 1887

Main campus has 6 colleges, schools; services support student life, academics Emirates.

"We saw that"

there were holes

in our connec-

tive tissue and

student support

systems, and we

knew we could

do better."

– Amanda

Smothers

Sarah Blain

on Feb. 24, 2017, and one of its current getting involved with Troy's many clubs slogans echoes the founding charter: and organizations, according to the dean "educate the mind to think, the heart to of student services, Herbert Reeves. feel, and the body to act."

Trov State Normal School in February is growing every year. 1887. The State Board of Education changed the school's name in 1929 to Troy State Teachers College after the school started to grow.

After the college was granted power to award baccalaureate and master's degree programs, the college was renamed Troy State University on Dec. 14, 1967.

The board of trustees renamed the university without "State" included in

the title, and it became Troy University in August 2005. The renaming of the school united all campuses and sites, such as those in Montgomery, Dothan and Phenix City.

Troy has accredited associate, baccalaureate, master's, education specialist and doctoral degree programs.

The colleges and schools on the home campus in Troy, Alabama, include College of Arts and Sciences, Sorrell College

of Business, College of Communication and Fine Arts, College of Education, College of Health and Human Services, and Graduate School.

Collectively in 2016, the university had an enrollment of 18,393. This includes all campuses worldwide and online, and it is approximately 9 percent higher than 2015's enrollment, according to Institutional Research, Planning and Effectiveness. Since 1966, Troy has offered degree programs in many locations in the United States and the world.

As of fall 2015, Troy through its history had graduated about 148,864 students residents of all 50 United States and at least 50 countries.

According to Loretta Clark, an administrative assistant in the Office of Alumni Affairs, in 2016 the alumni mostly came from Alabama, Georgia and Florida.

There were 1,749 alumni from other countries in 2016, who mainly hailed from Vietnam, China and United Arab

Incoming students are encouraged Troy University turned 130 years old to "test the waters" when it comes to

Reeves said student involvement on The Alabama Legislature established campus caters to all types of students and

> Reeves works with the Student Services office, which provides services ranging from housing to recreational and sports organizations.

> Reeves said any student can come to the Student Services office to see what services are available and learn policies and procedures.

"They joined the Troy family," Reeves said. "If they are having issues — whether it is personal issues or academic issues, I don't know — we can't always solve them, but we at least try to help them."

The Office of Student Involvement and Leadership Scholars, tional events on campus.

Troy Online has 19 degree programs for undergraduates and 23 for graduate students. Many on-campus students take online courses

to help meet their degree requirements. On Jan. 10, U.S. News and World Report released a ranking of its "2017 Best Online Programs," which recognized Troy for its bachelor's program as well as its Master of Business Administration and other graduate programs in non-MBA business courses, education and criminal justice.

"The most rewarding aspect of completing a class online or a full academic program online is the skill set that is developed by the students to not only learn the academic material but to master the ability to prioritize and persist," said Ronnie Creel, senior director and dean of Troy Online student services.

Trojan Café (trojancafe.com) is a product of Troy Online that was established in August 2014.

Amanda Smothers, the assistant



Jeff Herring photo

A couple of Troy students show their love for the university at the fountain and statue on the main quad.

director of student engagement for Trojan could benefit from. Café, explained that before the website was established, there were issues connecting online students to the university.

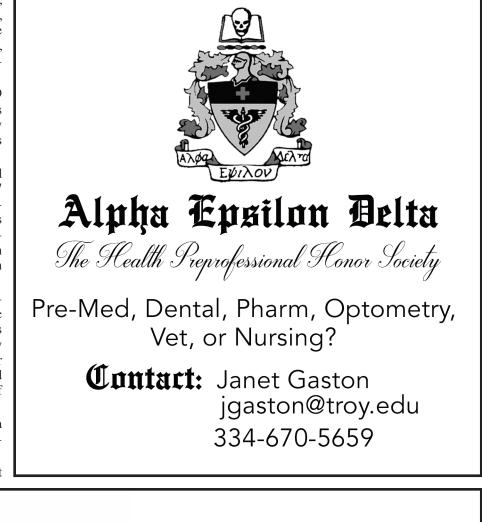
"We also were not providing much guidance on how to do well in the online providing support toward career opportunities," Smothers said.

A small group of Troy Online staff members proposed an online student success center that originally was to aid online students, but included information that both in-class and online students and staff in a variety of ways."

"We saw that there were holes in our connective tissue and student support systems, and we knew we could do better," Smothers said.

The center publishes articles written education environment, nor were we by students, faculty, staff and contributors that range from online career exploration to drafting the perfect resume.

> "We love, love, love publishing something inspirational from or about Troy students or faculty," Smothers said. "We love to spotlight students, faculty





is associated with Greek life, Freshman Forum, Leadership Who's Who, Welcome Week, voter registration, traffic appeals and tradi-

The Troy University Student Alumni Association is one of the fastest growing organizations on campus. Our goal is to connect students and alumni through events and social gatherings to link relationships for post-university life.





General Information:

Annual Membership: \$25.00 **Student Alumni t-shirt Student Alumni decal** Free tailgates at all home and away sporting events 20% Discount on all Troy merchandise in the Troy University Barnes and Noble Bookstore Save money on online merchandise with over 140 online vendors **Plus MORE!**

Mistakes More than one way to get to class

Justin Blowers

Living off Troy University's main campus comes with challenges.

One of these is getting to class. Some students do not drive cars.

Alternative forms of transportation help students who don't have cars or those who do not want the hassle of finding parking. However, each alternative form has pros and cons.

Jamillah Bell, a music major from Montgomery who was a sophomore in the spring, walked out of class to the filled bicycle rack to retrieve her bike.

Bell said that she would recommend riding а bike over driving even though the campus isn't "bike-friendly."

"Biking keeps me fitter and gets me to class faster than driving," Bell said. "I have thighs and buns of steel now."

But Bell said that common problems with biking are congested sidewalks, not enough bike racks and rainy days. She did add that not having to look for parking and the reliable travel time make up for the problems of biking, in her opinion.

She said she prefers riding a bike over taking the shuttle bus because she can leave whenever she wants if she bikes, and biking, in her opinion, is more reliable than the shuttle.

"Mostly it's fine – you know—until it's not," Bell said.

Brigham Schellinger, helps you a political science major wake up." from Mobile who was a senior in the spring, rested in Trojan Center for a few minutes before class after only his 15-minute walk to school.

walking to college.



Justin Blowers photo

"You can do that in 20

If

like to go

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Jamillah Bell, a music major from Montgomery who was a sophomore in the spring, unlocking her bike in front of Patterson Hall after getting out of class.

"I've had a lot more farther than a mile and a problems with driving, half.

to be honest," he said. "Paying \$75 for not having minutes, and after a while a guaranteed parking spot carrying those books and is very frustrating. On top stuff gets old," he said.

feel good walking; it Schellinger said that the big problem

group, makes walking easier.

"It's just relaxing," he said. "It saves money, too, in multiple ways."

Morgan Hillman, а mathematics major from Geneva who was a senior in the spring, ran to class after being dropped off by the Troy University shuttle.

Hillman said he likes taking the transit system because it always shows up. However, he said that the shuttles do not show up at the same times every day.

"Sometimes it will show up late, and I'll be late for class," he said.

Hillman said taking the shuttles saves gas money and means he does not have to look for parking.

He said you need to plan ahead if you use the transit system.

"It's not good if you say, 'Hey, I have a class in 30 minutes and need to get on out there,'" Hillman said.

Brewster, Derrick assistant dean of student services and head of transportation services, said the transit system consists of five routes with shuttles coming about every five minutes.

He recommended downloading the TransLoc Rider app so that you will know when a bus is coming.

This app, for Android phones and iPhones, tracks the shuttles and provides real-time updates.

Brewster said TransLoc is now available, allowing a student to request a ride from campus to home and vice versa from 5 p.m. to 10 p.m.

"If you're really looking for a safe ride, you can m e n d request to be picked up with walking is when it walking. He also said that from the library and taken Schellinger said he rains. And he would not having a place to recover to the dorm if you don't has never had a problem recommend walking to on campus, whether it be a want to walk in the dark,"

From page 1

Olivia Melton, Student Government Association president for 2016-17, said she sees a big difference in the students who are involved on campus and those who are not.

"Freshman year is a time to build up a good reputation because it will follow you throughout your years at Troy," Melton said.

Melton was an IMPACT leader, Freshman Forum director and Chi Omega sister, among other activities beginning in her freshman year.

Many opportunities

Melton encourages freshmen to get involved in any way they can, whether that is attending the football games, becoming a Conversation Partner with an international student, attending the Baptist Campus Ministry, or going Greek. She said these things can help students make friends and gain valuable experiences.

"A lot of people will meet their friend group freshman year and just stay there," Melton said. "Expand and meet as many people as possible through the different organizations on campus because freshman year is when you will have the most time for it, and you might gain friends you'll keep for life."

Melton said she was so busy getting involved and engaging with campus activities that she didn't spend enough time with friends.

"Don't miss the late-night movie nights," Melton said. "Go to Sonic at 2 a.m., go on random road trips that is what freshman year is about."

Dr. Hal Fulmer, dean of first-year studies, said it is most important for freshmen to start immediately living the "Trojan Way" and learning success skills.

"Your Trojan family extends quite literally all around the world," Fulmer said. "Taking advantage of everything Troy University offers is part of the Trojan Way."

Fulmer said there are many ways to get engaged beyond just Greek life, such as being a Conversation Partner, helping hungry children in the community, supporting sustainability projects around town such as gardening and recycling, and taking on social issues like anti-bullying.

Office of Civic Engagement

Fulmer advised students to inquire with the Office of Civic Engagement, in Eldridge Hall 122, for more information on how to get involved on campus.

"A student who is involved is a successful student, almost always," Fulmer said. "Being involved helps you be successful in the classroom and beyond."

He said students should go beyond hanging out with the students they know from their hometowns.

"Going home on the weekends is fine, but it isn't expanding your circle and making most of the university," Fulmer said. "Universities are where people meet lifetime friends."

Kristin Lange, a nursing major from Gardendale who was a senior in the spring, said random roommates could turn into great friendships, though she did not experience that herself.

"I regret not fully appreciating freshman year because now I'm in nursing school, and all I do is study," Lange said. "Enjoy the friends you make as a freshman. Then go out on the weekends and make more. You will look back on your freshman year and realize that it was the most free you've ever been."

STUDENT GOVERNMENT

of that, you *"Biking keeps me* fitter and gets me to class faster than driving." — Jamillah Bell

campus from any place certain location or a friend Brewster added.

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INTERESTED IN MAKING A DIFFERENCE? BE ON THE LOOK OUT FOR SENATE VACANCY ELECTIONS THIS FALL! STOP BY OUR OFFICE OR LOOK FOR US AT THE BROWSE SESSIONS AND SEE HOW YOU CAN GET INVOLVED!!

University is upgrading The march parking, dining, housing, toward academics to prepare for 2020 enrollment goal

Tori Bedsole

According to administrators, upgrades and additions will need to be made to the Troy campus in areas such as dining, housing, parking, staffing and academics to accommodate an increase in enrollment.

Chancellor Jack Hawkins and the Troy University Board of Trustees drafted and passed a proposal with the goal "to have the capacity to serve 10,000 students by fall 2020."

As of fall 2016, the Troy campus enrolled 7,864 students.

"Consistent growth puts us in a position to be a strong institution," said Herbert Reeves, dean of student services. "With the growth that we've seen since I've been here, we really have become a worldwide, international university."

Not all at once

Although the administration envisions this increase, it knows the growth must be steady over many years rather than all at once.

"Growth must be envisioned as a stair-step process requiring annual absorption of an increasing student population," document states. the "Excessive growth in any one year will create difficulties in providing high quality service to students. "Enrollment growth will optimize the use of existing classrooms and campus resources and will enhance student participation in honors programs, campus organizations, and attendance at intercolle-

giate athletic events." "Many investments necessary for enrollment growth will pay for themselves through fees, such



Nilotpal Mukherjee photo

Morgan Bailey (left), a Chick-fil-A employee in the Trojan Center, serves Virenderjit Singh, a computer information systems graduate student from Ludhiana, India, his meal in the spring. Chick-fil-A will be expanded from limited service to full service.

parking fees, and housing Wakefield, a political to be filled in. fees," the document states. science major from Wil-Additions to dining sonville who was a senior include services revamping of the Trojan increase in students would Center dining options by make parking worse. fall 2017.

Marketplace will be removed, Chick-fil-A will become a full-service operation, A&W will be replaced with a Steak 'n Shake (which serves steakburgers and milkshakes), and the old game room will be transformed into a Marble Slab ice cream creamery with additional seating, according to Reeves and other administrators.

"It (growth) allows you to expand the offerings and programs that you have," Reeves said. "I think it increases the support for athletics, arts and other activities on campus."

 \tilde{a} in the spring, said an

"Parking is already terrible, with more parking decals sold than spots available, and the spots that are not used are far away, which is inconvenient because that means a 15-minute walk," Wakefield said. "With 10,000 students, that means we would need to double our parking spots."

New parking lot

John Dew, senior vice chancellor of student services, said the university planned to have a new parking lot completed by May or June 2017 that would include 600 parking spaces. The parking location is between the

Enrollment increases will also lead to expanded activity and organization offerings on campus, according to Dew.

"We are going to add one more sorority (Alpha Omicron Pi), which will begin recruitment after regular recruitment in the fall," Dew said.

Dew also discussed the the student health center.

'We are going to make a few changes by August of this year, but it may take us a year or two for all of it," Dew said.

"We have entered into some discussions with some of the hospitals in the area and with SARHA (Southeast Alabama Rural Health Associates) and are exploring two or three different options of what

student health center.

"That's high on the list." The university also has plans to complete a new residence hall by August 2018. Currently, the university has the capacity to house only 2,348 students. p.m.

"Three locations are under current consider-

According to Dew. one of the prospective dormitory locations is between the track and the new parking lot.

No monster classes

Academically, the university has "the room to push out," according to Hal Fulmer, associate provost and dean of firstyear studies, especially with the availability of online classes.

"We are committed to not having monster class sizes," Fulmer said. "We must increase tuition. And have classrooms that we can tap into."

According to Dew and Fulmer, "managed growth" will bring the opportunity for new programs.

"We are already doing some interesting things right now," Fulmer said. 'We have begun to develop some bridge programs so that some of our really good students, in that last semester if they are interimportance of revamping ested in graduate school, they can take graduate courses for an advanced master's degree."

According to Fulmer, the university has enough classrooms to accommodate an increase in students, but needs to stretch the day, adding class times at 3 p.m. or 4

Andrew Dearing, a criminal justice major ation for a new residence from Montgomery and hall," the document states. the previous Student Government Association vice president of legislative affairs, said there are benefits and challenges to consider with the university's goal.

> "I want to see Troy grow and have an even more extended Trojan family," said Dearing, who was a junior in the spring. "But the university must make accommodations for the students already here.

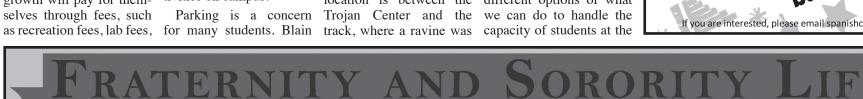
Raising standards

"In order to advance, we when this happens, our standards for admission rise as well.

"Since I've been here, they have raised admission and scholarship requirements, and we should expect to see this again if the student population keeps rising at the rate it is, which isn't necessarily a bad thing.

"Troy is just raising their standards-which, long-term speaking, is a good thing. Short-term, it can be inconvenient for current students."





Fall 20

Why join at Troy University?

Joining a Fraternity or a Sorority is more than parties, wearing letters, and attending meetings. Joining means making friendships that will last a lifetime. Joining means a commitment to the ideals of brotherhood/sisterhood, scholarship, leadership, and service. Joining makes a large University like Troy smaller. Joining can lead to dozens of leadership opportunities within each chapter. Fraternities and Sororities are also involved on campus and members hold leadership positions in student government, honor societies, Trojan Ambassadors, IMPACT Leaders, and many other student organizations or campus leadership positions.

IFC Fraternity Recruitment

Dates: May 1st - August 15th, 2017 **IMPACT** Interest Sessions: June 19– July 20, 2017 Formal recruitment will begin during the Fall semester

NPHC Fraternities: Alpha Phi Alpha Kappa Alpha Psi Omega Psi Phi Iota Phi Theta **IFC Fraternities:** Alpha Tau Omega Delta Kappa Epsilon Delta Chi Farm House Lambda Chi Alpha Pi Kappa Phi Sigma Chi Tau Kappa Epsilon



NPHC Convocation

The National Pan-Hellenic Council's recruitment process, known as Intake, begins with the 2017 Convocation. This is an interactive open forum in which all organizational members of the NPHC council are present to answer questions and present their organizations. Business attire is required for Convocation.

Contact Information:

For more information about Fraternity & Sorority life and about recruitment or convocation, please visit our website at trojan.troy.edu/organizations/greek/index.html Fraternity & Sorority Life is located in the Office of Student involvement and Leadership, Trojan Center room 215.

NPC Sorority Recruitment

Dates: August 7th-12th, 2017 Online Registration is now open! http://troy.edu/greek/sororitylife/

> **NPC Sororities:** Alpha Gamma Delta Alpha Omicron Pi Alpha Delta Pi Chi Omega Kappa Delta Phi Mu **NPHC Sororities:** Alpha Kappa Alpha Sigma Gamma Rho

Military students juggle their duties

ROTC cadets, reservists must also find time for class, other campus activities

Nathaniel Rodriguez

For Cadet 1st Sgt. Ashli Morris, being a part of the Army Reserve Officers' Training Corps at Troy University is both rewarding and a challenge.

Morris, who was a junior international politics major from Athens in the spring 2017 semester, had to manage being a regular student alongside fulfilling her responsibilities as a first sergeant, which included facilitating communication from her superiors to other cadets.

"The description of my role is making sure that every cadet involved in the program knows where they need to be, what they need to wear and what equipment they need to have when they're there," she said.

This, coupled with her involvement on campus, consumes time.

SGA president

She was, after all, elected in the spring as the 2017-18 president of the Student Government Association.

But Morris said the most difficult part of the ROTC program is the physical training in the morning, which can make the days long and tiring.

"Fortunately for me, I did come into the program as a freshman, so I've had plenty of time to adjust and kind of figure out a good balance as to how I need to manage my time during the day so that I can get sleep at night," she said.

"For some cadets who come in their sophomore or junior year and are already in their major classes, that is a very tough adjustment."

However, cadets are not the only military students who face challenges. For students like my professors gave like an on-Brandon Grantham of Brantley who are in the reserves, being in weekend," Grantham said. the military is also a job.

Grantham, who was a junior supposed to be due on Sunday the spring of 2017, is a member Friday. of the Navy Federal Reserves, which requires him to go to a night, so there really wasn't any Morris said.



naval base in Florida to work as time for me to do it."

ticipate in monthly drills.

Drill vs. homework

assignments.

Grantham to work around his

college schedule, although

there are times when his job on

base conflicts with his course

"A couple weeks ago, one of

"It was on a Friday, and it was

"I didn't get back until Sunday

a construction mechanic for two Despite these challenges, weeks out of the year and to parthere is support for military on campus. These two-day drills force

For example, Grantham said in cases like his, extensions can be given so long as there is proof that the student was on active duty at the time.

Meanwhile, ROTC students who are gone for training events receive excuses for their classes, although Morris said teachers line-type thing to do over the are not always as sympathetic to ROTC students as they are to students who are in the reserves.

"For many of those people athletic training major during night. But for me, I had drill that in reserves, they are actively serving right now, and for us, we just look like college students,"



Chase Ingram & Nathaniel Rodriguez photos At left, Cadet 1st Sgt. Ashli Morris learns about a Chinook helicopter during an Army ROTC visit to Fort Rucker in February 2017. Above, Air Force ROTC Cadet Mason Dubose fixes fellow Cadet Casey Brumbloe's uniform during inspection.

"It was on a Friday, and (a class assignment) was supposed to be due on Sunday night. But for me, I had drill that Friday. I didn't get back until Sunday night ..." **Reservist Brandon Grantham**

is involved in a couple organizations on campus."

As for social engagement and resource accessibility, the Troy for Troops Center provides a computer lab and lounge that military students can use freely. It's located inside the Trojan Center.

Lounge, computer lab

"In addition to our student lounge and computer lab, we offer two student organizations Students Veterans Association and SALUTE (a nationally recognized honor society) -a others," she said.

"I think teachers view ROTC Veterans' Alumni Association, cadets as an in-between from a veteran success on campus maybe someone who is a student counselor and visiting Departathlete ... and a little bit more ment of Veterans Affairs (VA) than a student who, let's just say, counseling services," said Capt. Danielle Pankey, director of the Troy for Troops Center.

> "We also liaison with all campus departments and have teamed with the Career Services department to offer resume writing and interview skills workshops."

Financial aid is provided to both reserve students and ROTC cadets who qualify, but Morris said that's not why she is going into military life.

"For me, I would say it's a lot more of being able to serve

TROY UNIVERSITY'S RESHMAN FORUM

THE FRESHMAN BRANCH OF STUDENT GOVERNMENET



Paris Fountain & Michael Ingram

What is Freshman Forum?

Freshman Forum is the freshman branch of the Student Government Association. It is a stepping stone from high school Student Government to SGA at the collegiate level. Freshman Forum is one of the most prestigious groups on campus. Fifty freshmen are chosen through an interview and application process and later placed into one of five committees: Campus Involvement, Community Service, Trojan Pride & Traditions, Student Welfare, and Public Relations & Marketing, With weekly meetings every Tuesday at 5:30pm. members learn how to run meetings using parliamentary procedure, have their voices heard on campus and give back to the TROY. community in the same manner as SGA. As a member of Freshman Forum, you will develop leadership skills, gain experience networking, and make friends who will last throughout your entire TROY experience!

