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preview**
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This special summer edition of the Tropolitan is a guide to campus life prepared by student journalists. It's tailored for new students, especially those attending IMPACT summer orientation.

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into a career**
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Summer 2016

Finding time for work, play



Quinta Goines photo

Jordan Adams, an athletic training major from Marietta, Georgia, who was a junior in the spring, uses his fraternity adviser's office to complete assignments between classes.

Quinta Goines

Picking your own schedule, interacting with whomever you want, and simply being your own person are some of the perks of being at college.

Eli Cassidy, an undeclared major from Opp who was a freshman in the spring, said those same perks also come with consequences if you don't manage your time wisely. Others agreed, saying that setting priorities is key.

"Coming out of high school, time management really wasn't an option when you had class every morning at 7:50 and you knew what time you got out of school," Cassidy said.

"Coming into college, I was a server at a restaurant, and on top of that, I got my schedule with differ-

ent classes on Monday, Wednesday and Friday compared to different classes on Tuesday and Thursday. And I found myself struggling to find time to manage all of the events going on, especially pledging a fraternity on top of schoolwork and on top of a job."

Cassidy has a Chancellor's Scholarship, which covers tuition up to 16 hours, but in the spring semester he needed to make better grades than in his first semester to avoid academic probation.

"It's a little cliché, but coming into the new year (January 2016), it wasn't a new me, but I knew that if I was going to maintain my grades and keep my scholarship, I was going to have to make it a point to go to class because sometimes

it was an option, especially when some teachers don't keep up with attendance."

Although Cassidy has gotten a better handle on managing his time and getting his education, he still struggles with finding a balance.

"I guess the biggest thing is sacrifice because sometimes you're not going to be able to have fun when you want to, which is something I still struggle with daily," he said. "It's a matter of knowing at the end of the day my education is more important than hanging out with friends."

Knyra Ratcliff, a marketing major from Birmingham who was a senior in the spring, said the best advice

See **Managing time**, Page 17

Chancellor's guidance for achievement

Jack Hawkins, Jr., Ph.D.
Chancellor

On behalf of the Troy University family, welcome to the 2016 IMPACT sessions, which will provide an orientation to your new college home. This is an exciting time in your life, and I am glad you chose Troy University!



Jack Hawkins

As a student at Alabama's International University, you will meet classmates from 76 different nations. Get to know them. You will broaden your horizons, and it will prepare you to compete in the international marketplace that awaits you after graduation.

Your University has a rich tradition. Founded in 1887 to train teachers, TROY has grown to a doctoral-level institution offering degrees in five academic colleges. TROY has been named a top-tier Southeast University by U.S. News and World Report, and The Princeton Review has designated TROY as a "best value" University for 12 straight years.

I am asked often for advice on having a successful first year in college. It boils down to five principles:

1. Practice smart money management. Many students leave school not because they cannot make it academically, but because they are not disciplined financially.
2. Plan your time wisely. Strike a balance between study, recreation and

See **Chancellor**, Page 12

Where to eat on campus



Brittany DuBose photo

Students converse in the Trojan Dining Hall. For more on campus food, see the story on Page 6.

How to get your books for fewer bucks



Quinta Goines photo

Jung Jae Lee, a graduate student from South Korea, studies in the library with a textbook he purchased online at about a \$200 savings.

Quinta Goines

Some Troy University students try different options for obtaining textbooks and school supplies, while others stick with the university's bookstore. Barnes and Noble College is the official university bookstore located in the Trojan Center.

An unofficial Troy University Textbooks page on Facebook, Chegg.com and Amazon.com are among the online sources students use for text-

books. Students also buy, sell or trade among themselves through social media or word of mouth.

There are two ways for students to purchase textbooks through the bookstore: pre-ordering them online or visiting the store.

You can make an online order through the bookstore's link under the registration tab on Trojan Web Express. Trojan Web Express can transfer students' schedules to the book-

store's website so the books needed for each class will automatically become available.

Pre-ordered books can be picked up on campus or delivered to homes.

"We recommend pre-ordering," said Nichelle Payton Green, the bookstore's textbook manager. "That way, students already have a copy of what they need for the first full week of going to class."

See **Books**, Page 14

Learning to live with, love your roommates

Arneisha Robinson

Every week, they would set aside a night to have homemade dinner. The four roommates would have game night together with friends. Most nights of the week, they sat around and shared laughter while they covered each other's Snapchat. There was a time when things were great among the roommates.

"And then — they got a cat," said Candice Butts, a social work major from Luverne. Butts was a junior in the spring and lived at the Pointe apartments.

She described how her roommates went from friends to enemies in a matter of months, although they were able to continue living together.

At Christmastime, Butts bought a tree to make the apartment feel more like the holidays. She had asked for the cat to be kept in its room when no one was home. She came home from class one day, and the tree was in pieces on the living room floor.

Because the cat was not contained during the day, it kept destroying things.

Wherever you will lay your head at night for your time here at Troy, you will most likely have roommates. No matter whom you will be living with — your best friend from back home or someone the university has found for you — it can be an adjustment.

See **Roommates**, Page 13



June Wolford photo

Audee Carpenter (left) from Dothan, a psychology major who was a freshman in the spring, enjoys a study break in Trojan Village with Morgan Williamson (right) from Dothan, an anthropology major who was a sophomore in the spring.

Clubs create friendships, benefits

Students describe their experiences as members of campus organizations

Ty Ammons
Getting involved on campus helps develop skills and relationships with other students that will last well after college, according to the university’s coordinator of student involvement and leadership, Sadaris Williams.
Troy University alumnus Kevin Bishop is an example. He was a computer science major, and he graduated in the fall of 2014. He lives in Troy and works for CGI. He was involved in many clubs, including the Computer Science Club.
“CS Club has helped me,” Bishop said. It taught him to organize events and meetings, as well as to manage money.
It also helped him develop responsibility and leadership skills.
The connections that he made through clubs led him to people with job opportunities, and people who have the same interests who may help him find other jobs in the future, he said.

Barbara Patterson, the university’s director of student involvement, said that by getting involved with campus organizations, “you can become friends with people who are interested in the same things as you.”

SGA
Heath Barton from Opp, a risk management insurance major who was a senior in the spring and served as Student Government Association president, said joining a group or organization is a great way to get involved and enjoy student life. He said it would be hard not to find a club that fits your interest.

SGA is an advocate for the student body. It also lets students participate and plan activities around campus every semester.
“Our goal is improving university academic and campus life,” Barton said.
Because SGA bridges the gap between students and administration, students who want something done can go to the SGA to make suggestions. SGA may try to make those changes happen with the administration’s approval. Barton mentioned for students to get involved is to come to Welcome Week, when students can learn about the organizations available to join and connect with the ones they like. Welcome Week is held all over campus starting Saturday, Aug. 13, and it lasts eight days. For more information on



June Wolford photo
Cheerleaders Alex Holbrooke, Lewis Carroll, Chase Waters and Michael Wylie (left to right) during a Troy football game.

Welcome Week, call SGA at 334-670-3212.
The University Activities Council puts on events and provides weekly activities or entertainment for students. UAC sponsors dollar movie night at Continental Cinemas, the local movie theater, on the first Wednesday of every month, allowing students to pay only \$1 for entry into the theater. UAC conducts other events such as a spring fling and brings in guest speakers. It also sponsors off-campus events.
“We provide a social aspect outside the classroom,” said Derrick P. Brewster, the assistant dean of student services and adviser of UAC.

Sound of the South
Joining the Sound of the South band is an option for students with musical ability. To get involved, speak with Band Director

Mark Walker. There are online forms to fill out.
You don’t need to have experience in band, but it is helpful because the band doesn’t offer instruction on techniques and skills. However, you do need to come knowing how to play an instrument, according to Walker.
“You get a great musical experience,” Walker said, as well as making lifelong friends and memories.
If you are an athletic person, then you could consider joining a sports club. The university has clubs such as tennis, soccer and Ultimate Frisbee.
There may be a fraternity associated with your major or one of the five academic colleges on campus.
DaRon Anthony from Opelika, Alabama, a marketing major who was a senior in the spring, is a member of Delta Sigma

JOIN TROY UNIVERSITY

French Club

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Practice French | Game Nights

Pi, a business fraternity. To be involved with it, you have to be a student at the Sorrell College of Business, and you have to take a process quiz and be initiated.
There are activist clubs on campus as well, including Students for Life.
“We are working to create a culture on campus where students are informed about abortion and know they have support from us if they need it,” said public relations major Jacob Holmes from Prattville, a member of Students for

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IF YOU'RE LUCKY YOU BECOME A DELTA CHI

Life who was a senior in the spring.
“Too many pregnant students feel like they have to choose between an education and keeping their child.”

The Tropolitan
There are organizations for students who enjoy news and writing, including the Tropolitan, which is the student newspaper, and TrojanVision, which is the campus television station.
There are several ways to get involved with the Tropolitan. You can find the names of section

editors and get contact information from the weekly newspaper or tropnews.com, or come to weekly meetings at 5:30 p.m. most Thursdays in Room 107 of Wallace Hall.
“Be able to write for different sections, and show ability to write in AP style effectively,” said sport and multimedia journalism major Michael Shipma from Huntsville when asked about becoming a section editor. He was a sophomore in the spring, serving as sports editor of the Tropolitan. See **Clubs**, Page 3

LXA

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Things to do when you are not in class

Lewis Truss

When Tyler Hardy enrolled in Troy University, he was concerned with how he would keep busy when not involved in school-related activities.

“I only live about an hour from here, and I was worried if I would have fun here,” Hardy said. “I just got out and interacted with people. That’s the simplest thing to do.”

Hardy, a criminal justice major from Montgomery, was a junior in the spring.

Adjusting to college life may be hard for incoming students. Everyone is nervous about meeting new people, and you’re finally living on your own instead of having your parents around to help.

Many people say college is where you find yourself. Well, you will quickly learn many different things about



Hannah Crews photo

Ben Hughes, Graham Pierce, and Tyler Hickman at UAC's Casino Night.

yourself once you become a student here.

“I’m an outgoing person, but coming to college is a different experience,” said Isaiah Neal.

Neal is an undecided major from Ashford, a freshman in the spring.

“At first, it seemed like everyone was waiting for someone to talk to them.

than me. He showed me around the school and the city, which really helped me out a lot.”

Troy University has more than 175 student organizations that can help you connect with others of the same interests. You can even make your own organization.

If you are interested in Greek life, Troy offers that. There are also intramural sports, such as football and basketball.

On campus, you can attend sporting events. Troy has football, volleyball and soccer games during the fall. The university also has shuttle buses for away games.

If you want exercise, the university has workout facilities on campus as well as recreational facilities ranging from basketball courts to a swimming pool.

“When I used to go to Troy, the dollar movie night was one of the things I looked most forward to,” said former student Kenneth Jackson from Lincoln.

The University Activities Council holds dollar movie night at Continental Cinemas once a month. Students can see first-run movies for \$1. In the fall, it will continue on the first Wednesday of every month, according to Assistant Dean of Student Services Derrick Brewster.

Troy is about 45 minutes from Montgomery, Dothan and Enterprise and about two hours from Panama City Beach.

There is a bar scene off campus, including Trojan Zone, Boxcar, Double Branch and The Front Porch. You must be 21 years old to drink legally.

Clubs

From Page 2

“Work your tail off, and be versatile,” Shipma said. AP is The Associated Press, which publishes a style book for journalists.

Another way to get involved is to join a church or other religious organization.

There are many churches near campus, and a few organizations hold services, including the Baptist Campus Ministries and the Christian Student Center.

Greek life

The campus has eight fraternities and five sororities, where members can make connections for life.

These organizations recruit members at the beginning of every semester; prospects visit

all the fraternities or all the sororities and talk to the members. You can pick the ones you liked, get bids from the organizations that liked you, and select one to join.

Fraternities throw parties and events to raise money for philanthropies; for example, Delta Chi Alpha supports the Jimmy V Foundation.

Andrew Edwards of Delta Chi Alpha, a broadcast journalism major from Niceville, Florida, who was a sophomore in the spring, said that fraternity members learn brotherhood, give back to the community, and create memories.

“I learned life skills my two years I’ve been in it (a fraternity), and it’s definitely been an experience,” Edwards said.

“I found a lifetime com-


mitment that will commit back to me.”

The campus has more than 180 organizations, and the way to get involved is to seek out information and go, Sadaris Williams said.


The Department of Student Involvement and Leadership is always open to sit down with students and help pair them with organizations, he said. The department is in the SGA office on the top floor of the Trojan Center.

“You learn how to interact with people, and learn how to put projects together,” he said. “You also learn aspects of leadership, and about yourself.”

For a full list of campus organizations, you can visit the student involvement and leadership web page.



TROY UNIVERSITY Women's Initiative



What is Women's Initiative?

Women's Initiative is a campus organization that focuses on women's rights and issues at home and around the globe. One of past initiatives, and ongoing mission, is to break the stigma involving common misconceptions on feminism. We also explore how relevant is feminism in today's world with regards to current events.

Is feminism just for women?

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For more information contact aadaboh@troy.edu

Student Government Association



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- VP of Campus Activities**
Sam Moody
- VP of Legislative Affairs**
Andrew Dearing
- Director of Administration**
Farrah Gaston
- Director of Representation**
Darunda Wilkins
- Freshman Forum Directors**
Kaitlin Beyler
Gus McKenzie



Interested in joining?

Visit us in Trojan Center 215 to learn about how you can get involved!

Safety resources, concerns on campus

Pierce Godwin
As Tate Upton said, “I guess you can’t trust everyone.” But you can take precautions to remain safe on campus and avoid becoming a crime victim.

Upton — a hospitality, sport and tourism management major from Jay, Florida, and a sophomore in the spring — said a former roommate stole \$45 from him before being charged with other crimes by Troy University Police.

Police arrested two men, Upton’s former roommate and a nonstudent, in January 2015 for allegedly burglarizing a university dormitory in December 2014. The men, 19 and 20 years old, were charged with five counts of burglary and five counts of theft.

They were caught on a surveillance camera exiting rooms in Newman Center with electronics, according to police.

“It typically happens in every college community where usually the local crime element, I guess you would say, takes advantage of the college students when they leave,” said John McCall, university police chief, in a news conference. “This actually was a college student that took advantage of his classmates.”

Troy University has 24-hour police surveillance and security employees.

“The fact of where we are located on campus makes us real accessible to the students,” said police Lt. Collins Davis.

The police station is on the first floor of Hamil Hall (across a parking lot from the Trojan Center and the campus bookstore), and is open from 7:30 a.m. to 4:30 p.m., Monday through Friday.

“We’re a smaller campus, and we’re able to get along,” Davis said, “but the way you react yourself can bring on a lot of your problems.”

“I have always felt that Troy University does what they can to ensure safety for its students,” said Ty McBurnett, a geomatics major from Prattville who was a junior in the spring.

McBurnett did, however, recall a time when he was alone at an off-campus gas station and an unidentified man approached his vehicle.

“I couldn’t tell you what the guy was after,” McBurnett said. “All I know is, I wasn’t giving it to him. The guy made a gesture as if he had a weapon, so I told him if he didn’t back away from my vehicle, I would handle it.”

The university offers safety resources on and around campus.

One resource is the SOS emergency information system, which allows students to subscribe to receive text messages or emails that will alert them of severe weather or other danger.

“There have been many times over the past few years where bad weather has come through the state,” said Nathan Edwards, a hospitality, sport and tourism management major from Prattville, who was a junior in the spring.

“The text messages have woken me up and alerted me that I needed to get somewhere safe.”

To enroll in the system, go to sos.troy.edu.

The website also includes links to campus police information, the information technology hotline, the university Twitter feed, university news, and TrojanTip.

To offer anonymous tips about criminal activity to university police, text TROJANTIP followed by your message to 50911.

The university releases crime statistics on its website. The Jeanne Clery Act, passed in 1990, is a federal law that requires all colleges and universities to make annual reports of campus safety and security. Troy University’s Clery Act records are available at troy.edu/universitypolice.

The most recent records released from Troy University are for 2014. That year, the university had 12 domestic violence reports; 46 arrests related to weapons, alcohol and drugs; 32 reported cases of burglary; and two reported vehicle thefts.

Collegefactual.com gives Troy University a rating of a B-plus on campus safety and the city of Troy an F-plus on safety, with an overall score of C-plus.

See **Safety**, Page 16



Pierce Godwin photo
Nathan Edwards, a hospitality, sport and tourism management major from Prattville, at an emergency call station.

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Busted: alcohol, drugs on campus

Scott McLendon

As a dormitory resident assistant, Kara Jane Henry has seen how badly alcohol can disrupt a promising student's life.

"I've had a resident who, coming into college, had a great resume and a lot of community service from high school," said Henry, a mathematics major from Huntsville who was a junior in the spring. Henry served as an RA in Shackelford Hall.

"She came to college and started hanging out with a particular group, and that group participated in activities that involved alcohol. She fell to peer pressure and started to consume alcohol.

"She didn't make good grades her first year as a freshman. She missed class often and was always going out. She put her academics on the backside. I've just seen her fall into the wrong group."

Consequences of usage

Henry added that "if we catch a resident with alcohol in the dorms, the alcohol is taken; and if the student is underage, we fine them \$50." The legal drinking age in Alabama is 21.

Alcohol and illegal drugs sometimes bring in the University Police.

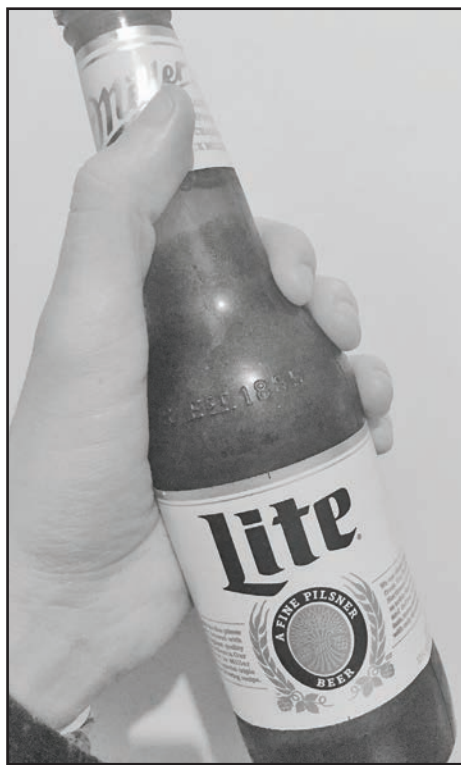
"Of course, concerning minors that have consumed alcohol, we have to go through the legal process of detaining them and making sure a parent picks them up or a responsible adult," said Detective James Taylor.

The university holds a hearing, and sometimes criminal charges are filed. The hearing can result in counseling or a month or two of community service, Taylor said. For driving under the influence as a first offense in Alabama, the fine can range from \$600 to \$2,100. The fine comes with no jail time but a 90-day driver's license suspension.

The second offense, however, can result in five days in jail with a fine ranging from \$1,100 to \$5,100, along with a one-year license suspension.

"Sometimes the student will be put on probation where they have to keep their grades up and have no more contact with law enforcement," Taylor said.

He said he's aware that alcohol is served at some student parties, but the university "does not tolerate it being



Scott McLendon photo

Alcohol is not allowed in any of the university's dormitories. If caught with alcohol, students could face fines and criminal charges. There is a zero-tolerance policy for drugs on the campus.

bought and put in a fridge like you're at home when you're in the dorm."

Users become victims

According to the National Institute on Alcohol Abuse and Alcoholism, 1,825 college students between ages 18 and 24 die each year from alcohol-related injuries. More than 690,000 students between those ages are victims of alcohol-related assault by other students. More than 97,000 are victims of alcohol-related sexual assault.

"Any type of drugs found results in an automatic suspension pending hearings and prosecution," Taylor said. "We do have a zero-tolerance policy. That is in accordance with Alabama law. First-offense misdemeanors like marijuana possession, things of that nature, we go with Alabama law."

Cocaine or methamphetamine possession is a felony.

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Home is where or what you make it

Tiairra Parker

Troy University has several options for housing, whether it is on campus or off campus.

Students said that although much freedom comes with off-campus living, there are issues that students need to think about before packing their things up from their dorms.

Dasiah Baker, a biomedical sciences major from Union Springs who was a sophomore in the spring, said she enjoyed her living experience on campus.

“It actually felt like home a little, minus the pricing,” Baker said. “I think I didn’t get the whole experience that the newcomers will eventually get.”

The dormitory that Baker lived in was the newest on-campus housing site and was still undergoing construction while she resided there.

“I would say no matter where you live on campus, you just have to make it feel like home and fun.”

Troy University offers several types of dorms and residential housing. These include a new residence hall in front of the dining hall, as well as The Newman Center, a dormitory that is centered on faith-based principles.

The residence halls’ check-in dates for fall 2016 are Aug. 13-15. Students will go to the residence halls where they are



Alyssa Luckie photo

Haley Neal, a communication major from Seattle who was a freshman in the spring, does homework in her room in Troy’s newest residence hall.

assigned to check in and get their room keys.

Sabrina Foster, coordinator of housing and residence life, said she wanted to share several points with incoming students regarding dormitory living.

“Visitation hours for all halls are noon

to midnight daily,” Foster said — “one guest per resident. No pets are allowed in the residence halls unless they are for medical reasons and have been properly documented with the university.

“Staff will do room inspections twice a month. This is to ensure that students are

taking out their trash on a regular basis. Staff should be able to walk without tripping over clothing and other items, as this is a safety hazard.”

As for off-campus living, Ivan Evans, a financial economics major from Hurtsboro who was a junior in the spring, said his experience with one apartment complex had been “somewhat of a roller coaster.”

“Most days are good,” he said; “however, there have been some not-so-good encounters. I’ve known residents to have issues that really took a long time to get fixed, as well as some not being handled at all. There have been times we’ve all been overcharged on rent and have yet to figure out why.”

A few months ago, a student said he had complained to the management of that apartment complex several times that his mattress had bedbugs. Feeling that his request for a new mattress had been ignored too long, the student dragged his mattress to the apartment complex’s leasing office.

This episode was caught on video and posted on his Facebook page, and many Troy University students shared the video and commented on their own issues with apartment maintenance.

See **Housing**, Page 7

Add healthy options to your dining routine

Brittany DuBose

Beef sausage, toast, an apple and bottled water are how Shundrea Smith likes to start her day of classes.

Living off campus, she gets up every morning and makes this meal for her drive to school.

“I have about a 15-minute ride to school every morning, and since I like to sleep in, making this my breakfast keeps me good for the first half of the day,” said Smith, a criminal justice major from Union Springs who was a junior in the spring.

“I would love to get Chick-fil-A every morning, but since I have class

back to back, I never make breakfast and I don’t go to the café.”

Trojan Dining includes the dining hall and the Trojan Center.

The dining hall, known around campus as the café or Saga, offers a lot of choices from stir fry to pizza (more than three toppings), desserts, subs, a salad bar, fruit and fried chicken.

On the top of the dining hall is Moe’s Southwest Grill restaurant, while at the bottom there is Boar’s Head Deli.

The food court in the Trojan Center, on the level below the bookstore, offers students such choices as

Chick-fil-A, Mein Bowl, SubConnection, Einstein Bros. Bagels, A&W All American Food and Trojan Marketplace.

“We are trying to expand for a healthier food choice throughout our retail food choices,” said Jamelia Williams, Trojan Dining retail manager. “Each brand can cater to what a student may prefer.”

John Walton III, hospitality, sport and tourism management major from Memphis, Tennessee, is a student athlete.

“Nine times out of 10 after practice, if I go to the café I won’t eat because it’s not anything barely



Brittany DuBose photo

Alyssa Lindsey of Gadsden (left), a biomedical sciences major, and Jasmine Prater of Anniston, an education major, eat breakfast outside the Trojan Center. Both were juniors in the spring.

there,” said Walton, who was a senior in the spring. “I would rather eat off campus.”

Off campus, the students have restaurant choices ranging from McDonald’s to Ruby Tuesday. They can

also grocery-shop at stores including Wal-Mart, Piggly Wiggly, Food World and Ingram’s Curb Market. By February 2017, a Publix grocery store will open.

“You don’t think about college cafeterias and college food necessarily being healthy, but there are healthy options on most places that you go to eat on campus,” said Robbyn Taylor, a journalism lecturer. “In 2012 they (Trojan Dining) were nominated by PETA for best vegetarian and vegan options on a campus.”

PETA (People for the Ethical Treatment of See **Food**, Page 12

TroyAbroad

"Nobody can discover the world for somebody else. Only when we discover it for ourselves does it become common ground and a common bond and we cease to be alone."
Wendell Berry

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Jessica Parker

If you notice that a lot of people on campus aren't like you — well, that fits right in to Troy University's goals.

The Troy University Fact Site lists "maintain a diverse student population" as the No. 3 institutional goal. The College Factual website places Troy at No. 601 among universities in ethnic diversity, well above the national average.

"I came to Troy in 2012 as a 2+2 student from China, which means I finished my first two years at my Chinese university and my last two years at Troy University," said Xin Ke, a graduate student from Sichuan province in southern China. "In the end, I received both a Chinese degree and an American degree."

Ke said that because she came to Troy University, she met her boyfriend and decided to stay in the United States.

"I originally attended the main campus for three years," said Taylor Brown, a criminal justice major from Crestview, Florida, who was a senior in the spring.

"The end of my junior year, I found out

I was pregnant and decided to move back home. Troy University's diverse options for online learning allowed me to continue my education from home through eTroy (now called Troy Online)."

Troy has more than 100 undergraduate programs, scores of student organizations and graduate programs around the world. Alabama locations include Troy, Montgomery, Dothan and Phenix City.

Luke Johnson, a human services major from Paxton, Florida, who was a senior in the spring, is a 28-year-old veteran.

He said the university's selection of organizations created specifically for members of the military and veterans helped in his transition from military life to civilian life, specifically student life.

"When I came to Troy, I felt accepted," he said. "I found the Troy for Troops office, the Salute National Veterans Honor Society, and the Student Veterans Association — all beneficial in my transition."

He also joined a fraternity. He said he would not have thought it possible due to his age, but he was accepted.

Housing

From Page 6

The student who had complained about bedbugs later declined to comment to a reporter, asking that his name not be published and saying that the university had helped him resolve the situation.

The local manager at the apartment complex in question — then known as The Grove but operating more recently as The Arch — also declined to comment.

Mark Evans, a corporate spokesman for The Grove, said the bedbug student did not give management enough time to handle the problem. Evans said the incident happened during the weekend, and there had been only one report from the student regarding bedbugs.

Evans said he could not comment on other residents' complaints because he was unaware of them. He said he would follow up on those complaints.

Quinta Goines, multimedia journalism major from Needham, Alabama, who was a senior in the spring, spoke highly of the amenities and benefits at the apartment complex, where she was employed.

"I was initially intrigued by staying at The Grove because it's fully furnished and it's close to campus," Goines said. "Also, I knew that I could use my financial aid refund to help afford it."

"From living off campus and working at an off-campus apartment complex, I can advise students to understand that signing a lease is a commitment, and students and parents both need to understand the importance."

Not all off-campus living experiences are negative. Lacey Marcus had positive things to say about another college-

student-centered apartment complex — which is just one of several options available in Troy, including large complexes, small complexes, and single apartments and houses.

"I've enjoyed living at The Edge," said Marcus, an elementary education major from Alabaster who was a senior in the spring.

"The staff is very friendly, and they will work with you whenever you need it. I love how clean and modern the facilities are."

"The only downfall for me would have to be paying for amenities that we either don't use or aren't allowed to use."

"I feel like students should get the option to elect which amenities they would like to pay for. All in all, this is my second year at The Edge, and I love it."

"Signing a lease is a commitment."
— Quinta Goines



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Shayla Terry photo
Xiojuan “Silvia” Li (right) advises Fengrui Rao. Li is the coordinator of special international initiatives and advises Chinese students.

Transitions easier using services here

Shayla Terry

Students from all over the world attend Troy University, and Troy is equipped to ease their transitions.

International students arrive for the fall semester in late July to early August. Most are here for one to two years. Xiojuan “Silvia” Li, coordinator of special international initiatives, said most of these students live on campus.

“Some students may have assistance from other students when they arrive, and they’ll help them find housing off campus as well,” Li said.

The city of Troy has many off-campus living options, including apartments and houses, but living on campus has advantages. Students are within walking distance of class, recreational centers and the dining hall.

“If I need to go somewhere off campus, the shuttles are really useful,”

said Martha Njolomole, an economics major from Malawi who was a junior in the spring.

The university’s Trojan Transportation offers night, shopping, movie-night and game-day shuttles. The number is 334-697-0051.

Making friends can be tough, but with over 70 countries represented at Troy, the chances are good.

Meham Shehid, an accounting major from Pakistan who was a junior in the spring, came to school with her sister.

“Me and my sister are here, but I’ve made new friends by playing sports,” Shehid said. The Trojan Center has a room with pool and pingpong tables. Troy also has intramural sports teams. The campus’s tennis courts, track and swimming pool are open all summer.

The city of Troy has a recreation center open

year-round. It houses an indoor and outdoor pool, basketball courts and an exercise facility. There is a \$5 fee to enter the facility at 601 Enzor Road.

The International Student Cultural Organization puts on events throughout the year to bring students of different nationalities together. “ISCO hosts a sports night and other fun events,” Li said. “ISCO meets every Thursday night.”

“I enjoy attending sports night,” said Elisha Shumba, a computer science major from Zimbabwe who was a junior in the spring. “We all have fun together.”

“I am infatuated by American culture,” Shumba said. “There are no limits here to what you can become.”

For more information about ISCO, contact its adviser, Joe McCall, at mccalljo@troy.edu.



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Parking ticket can snag your progress

Scott McLendon
 Tickets can often be found fluttering in the grasp of windshield wipers in Troy University's parking lots. But these tickets aren't inviting students to events or meetings. These tickets, rather, invite students to pay fines.
 These tickets come for a variety of reasons and if unpaid will cause your diploma to be held for ransom. If you're not graduating, they could keep you from registering for classes.
 According to campus police, 12,000 tickets were written from Aug. 1, 2015, to February of the next year. Those tickets can range from \$15 to \$70, for varying violations.
 "The most common violation we see would have to be pulling through parking spots," said Katie Sippel of Mobile, a mathematics major and a member of the student-run Traffic Appeals Committee. She was a junior in the spring.
 She was referring to the rule that you can't park your car in a way that hinders the police from being able to clearly see your decal.
 "A lot of freshmen don't know that's a rule," she said. "We also see a lot of people getting tickets for parking next to a yellow curb."
 Students have the right to appeal tickets on Thursday nights at the Student Government Association office in the Trojan Center.
 For example, one student who appealed in the

spring had her fine reduced. Her claim was that her parking decal had fallen off after going through a car wash.
 Regularly, cars can be seen parked in the grass on the outskirts of parking lots. Students park beside yellow curbs and in other clearly illegal places because they can't find legal parking spots.
 Availability of parking spaces fluctuates throughout the day and week. The hours closest to lunch are usually the worst for finding parking spots, so planning early is important, according to Cindy Mote of the University Police.
 "I've driven around for half an hour with my dad looking for a spot," said Kamy Cobb, a nursing major from Prattville who was a freshman in the spring. "It's a waste of my gas and my class time."
 The university has added parking spaces to accommodate recent enrollment growth on its main campus, although not enough to satisfy some students. The University

Police offer a parking map, procedures for obtaining a permit, and other information on the university's website.
 "Troy definitely needs more parking space," said Lauren Harsen, a broadcast journalism major from Madison who was a freshman in the spring.
 "There aren't enough spots for all of our vehicles, but even the parking lots are disorganized. It's like they're waiting for there to be a horrible wreck before something gets changed."
 According to campus police, there are 3,757 student parking spaces on campus. Between Aug. 1, 2015, and February 2016, a total of 6,365 parking decals were sold to students.
 There is roughly one parking space for every two registered cars.
 "I believe the campus needs a parking deck," said Greyson Motes, a theater major from Troy who was a junior in the spring. "There's not enough space close enough to the buildings for students to make it to class."
 The university runs buses to, from and around campus through its Trojan Transportation Services. Details are online.

"It's a waste of my gas and my class time."
 — Kamy Cobb



Chloe Lyle photo

Student drama

Noah Williams as the Preacher (left) and Nelsey Leverette as Young Violet (right) prepare for the Troy Department of Theatre and Dance's production "Violet" in the spring of 2016. "Violet" is based on the short story "The Ugliest Pilgrim" by Doris Betts and follows a young woman living with a scar on her face. She seeks help from a TV preacher in Tulsa, Oklahoma, and learns many things on her way to find herself and her own beauty.

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Coach Brown: Support your team

Looking for improvements in on-field performance, students' attendance

Ryan Wilkes

Neal Brown, head coach of Troy University football, has been busy recruiting this off-season, and his work paid off with 25 signees on National Signing Day.

One of the Trojan recruits, Kelvin Lucky, is a three-star defensive end from Edgewood Academy in Elmore. Edgewood is on a six-year state championship run.

"I was really excited to get him," Brown said. "It was a huge recruiting battle for us to win. He had a lot of offers from Power Five schools, and he chose to stay down the road."

The Power Five conferences are the Atlantic Coast Conference, Big 12 Conference, Big 10 Conference, Pacific 12 Conference and Southeastern Conference.

Troy is a part of the Sun Belt Conference, which is a smaller conference in Division I sports.

"The biggest thing we want to see is continued improvement," Brown said regarding the 2016 season.

"I felt like we made some strides in 2015. Our record at the end of the day wasn't where we wanted it, but we showed drastic improvement on the defensive side. We showed gains on offense, and we showed gains on special teams."

The Troy Trojans' previous seasons' records were 5-7 in 2012; 6-6 in 2013; 3-9 in 2014; and 4-8 in 2015, Brown's first year as head coach.

Brown said he would like to see improvement in students' attendance and their support of the team.



Coach Neal Brown talks with running back Andre Flakes before their game against Idaho in 2015.

"The students have to understand that we need them," Brown said. "We are the football team for Troy University, and we represent that. We want to represent them in the best possible way in the national stage and bowl games. They need to come out and support."

The Troy football team will open its season at home Sept. 3 against Austin Peay.

Different sports

Troy has more than a dozen intercollegiate sports: football, softball, volleyball, men's and women's basketball, cross country, men's and women's golf, track and field, baseball, men's and women's tennis, and soccer.

Students can attend these events for free by showing their student IDs at the student gate.

Jason Hamilton, whose record is 30-10-2 since he came to Troy, coaches the Lady Trojans soccer team. Last season Hamilton coached the Trojans to a 14-4-2 record.

Hamilton was asked what led to his success as the Trojans' head coach.

"I think just the overall culture that we brought, setting goals and setting standards that we are going to compete in every game and we are going to play tough teams in non-conference games to prepare us through the conference," he said. "And take it one day at a time, improving and getting better."

The Lady Trojans soccer team signed 11 players on National Signing Day. Hamilton talked about his expectations for the 2016 season.

"I think we will be better," Hamilton said, "a better team than we were last year. I think we will be, hopefully, at the top of the conference."

The Lady Trojans will face big teams in 2016, including Ole Miss and Florida State.

Jace Sanders, a sport and fitness management major from Luverne who was a senior in the spring, commented on how students should and shouldn't act at sporting events.

"Well, my first suggestion would be, take the time and know the sport that you are going to watch," Sanders said. "I mean, go and try to understand what you are watching."

He said that the use of profanity is not tolerated. He said it makes the university, team and conference look bad.

Sanders was asked what improvements he saw last year and his hopes for the 2016 season.

"I have high hopes this year," Sanders said. "Last year they played with a lot of heart and discipline."

He said he would like to see students stay longer at the games instead of leaving early. College is more than just studies, he said, and students should go out for two to three hours on a Saturday to support their school.

Daniel Mobley, a graphic design major from Rutledge who was a junior in the spring, said students should go to the sporting events if they are interested.

"Sports is an interest," Mobley said. "It's not like a way of life for everyone."

Jordan Chunn, a political science major from Gurley who was a junior in the spring, is a running back for Troy's football team.

Chunn was recruited by former coach Larry Blakeney and has made a transition from Blakeney to Brown.

Chunn said he likes the way Brown is doing things and how Brown's slogan "Rebuild the Wall" is shaping the future for the Trojans.

Player: Fans help

When asked about the importance of student fans, Chunn gave a clear answer.

"Student fans have a toll on you," Chunn said. "If there are few people and few student fans at the game, then it kind of lingers over to us."

"If we have the students there yelling at the top of their lungs, getting everyone rallied, then the whole stadium will get behind them. That, then, gives us the motivation to play harder."

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Roommates

From Page 1

Dr. Amanda Diggs, associate communication professor, who has worked at the university for 18 years, told how to handle conflict.

“First, take my conflict management class,” Diggs said, jokingly.

“Second, be considerate and polite, because it is very difficult to be persuasive when you insult me. Now we are both defensive.”

Diggs recommends telling your roommate what the problem is rather than going after her character. Explain why you don’t like it when a roommate drinks straight from the milk carton. Or why you don’t think having a cat is the best idea.

“Looking back, I wish I had voiced my concerns about getting the cat beforehand,” Butts said. “Instead, I didn’t speak up.”

Not everyone has horror stories like Butts’. Many have walked away with lifelong friendships.

One example is Steven McIntyre, a former student from Mobile, Alabama, and Josh Lewis, a graphic design major from Chelsea, Alabama, who was a junior in the spring. The two met their freshman year in Alumni Hall, an all-men’s dorm that is no longer standing.

They met in passing and, in a turn of events, both needed roommates. Almost four years later, the two are still roommates, off campus.

McIntyre attributes their success to “the two C’s, communication and compromise.”

Jasmine Philyaw, a communication major from Evergreen, Alabama, who was a senior in the spring and resident assistant at Shackelford Hall, also said that communication and compromise help keep the peace while living with roommates.

“The most common problem is cleanliness,” she said. “One roommate is really clean, and the other isn’t. They both have to live there together.”

Philyaw explained how she helps her residents keep the peace. She said sometimes it’s as simple as coming to an agreement to do better, but sometimes it requires developing an agreement such as who will keep what clean.

“It’s not like we are in Trojan Village, where you have a private room and don’t have to see each other’s mess,” Philyaw said.

Anna Laura Kirchharr, an English major from Uriah, Alabama, who was a freshman in the spring, met three roommates the day she moved in. They lived on campus in Trojan Village.

“I looked them up on Facebook beforehand, but I did not know what they looked like and didn’t want to add random people,” Kirchharr said.

One thing Kirchharr walked away with is how much to say when getting to know someone.

“I would hold off on telling personal information until you better know the people you live with,” she said.

Graduate

From Page 15

made, I probably could live without, but they define who I am.”

McCall has seven pieces of advice on how to stay on track for graduation:

“It’s important to finish what you start,” said Joey Meredith, a social science major from Brundidge, Alabama, who was a senior in the spring. Meredith is a webmaster for Troy University. You can also catch him at Troy football games on the sidelines shooting pictures.

Meredith started Troy University in the fall of

1985. He said he wasn’t as focused as he should have been when he started college.

“I was a less than stellar student in college, even though I graduated as an honor student from high school,” he said. “I didn’t know how to study.”


Meredith re-enrolled at Troy University in 2014. He expected to graduate with the spring 2016 class.

“Success is finding your happiness,” Meredith said. “Don’t be afraid to ask for help. Stay with it, and keep fighting.”

The university’s John W. Schmidt Center for Student Success, located in Eldridge Hall, offers programs to help students.


Its mission statement says the center is here to “provide academic support services to enhance retention and degree completion by Troy University students.” It is home to the First Year Studies Program, the writing center, Student Support Services, the testing and assessments lab, and the Office of Student Development.





The university’s Student Counseling Center also has free services available to students who are taking at least one credit hour. The center helps with issues that may interfere with students’ personal lives. It is at 113 College Drive, and the phone number is 334-670-3700.



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Books

From Page 1

If students purchase books from the bookstore, they have until the end of the first week of class to return or exchange.

Students are able to use financial aid before the semester starts to purchase books online or in the store, as long as they don't have holds on their accounts from the business office. Business holds can result from unpaid balances, missing documentation, or other circumstances.

Some students don't realize they can pre-order their books with financial aid, according to Green.

"If you are ready in the checkout process online, they'll ask you what payment you want to use," she said. "It's a button that you (the purchaser) can click that says SFA (Student Financial Aid), and you'll have to use your student ID card to secure the purchase."

Danger of waiting

Sometimes students wait until they go to class to obtain books, but waiting can hurt the chance to rent used textbooks at less cost, she said.

Erin Billups, a nursing major from Dothan who was a senior in the spring, has experimented with different ways of purchasing textbooks.

"I prefer to go to the bookstore and either rent or buy my books outright," she said. "Even though the campus bookstore is expensive, I've learned that it is much easier and much more convenient. With me being a nursing student and having to buy multiple books that require access codes, the bookstore is my best bet."

Textbook access codes are valid only for one-time use, so shopping

online or through other students is limited. Access codes can be required for homework and sometimes virtual lectures.

Buying the access code only is sometimes just as expensive as buying the textbook and access code as a package, according to Billups.

"It happens to me almost every semester," she said. "I'll find the book itself cheaper, but still end up having to purchase the book and access code directly from the bookstore."

Teachers designate the required and recommended textbooks for their classes, and the bookstore orders them. Prices are set by the publishers.

Some required textbooks are custom to Troy University and are sold only through the university. These include English and general studies math texts, Green said.

Some students use websites and social media to buy and sell textbooks.

Troy University Textbooks is a closed Facebook page. Students can either be invited to join the group or ask for admission. The group is not affiliated with Troy University, but it has over 5,000 members.

Mary Jones, a nursing major from Dothan who was a junior in the spring, said she uses the Facebook page first, but the hunt for books is competitive, and they go quickly.

"Last semester I was able to get all of my books



Quinta Goines photo

Courtney Mobley, a nursing major from Opp who was a senior in the spring, studies in the library.

for less than \$200 altogether, and then I was able to sell them back for \$50 more," she said.

Brandon Carter is an exercise science major from Samson who was a graduate student in the spring.

"I don't use the bookstore because a lot of things in there are expensive, so I try to find ways around using it," Carter said. "If I need a book or anything, most likely I'm going to order it offline or just take really good notes."

If he needs a book for a class, Carter uses Chegg.com.

"Some of my professors would actually prefer that we (students) find other means of getting our books or order online because they understand the bookstore is extremely expensive," he said.

Vickie Edwards, an assistant professor of political science, said it takes thoughtfulness and creativity to choose the best books and materials for

both affordability.

"I know students go outside of the bookstore to purchase books, and I don't advocate for that, but I am aware that students do it because some book prices are excessive," she said.

"I try to structure things in such a way that, for example, a case study that comes with the instructor kit, I'll post that to Blackboard so students will

be able to do their work. They may not have been able to do the full theoretical reading, but they will have access to different readings I post or a case study to help answer discussion questions."

Edwards suggests sharing books with classmates, using library copies of books, asking teachers whether you can use older editions, and asking previous students of classes for insight about the books.

Read in library

Instructors can place textbooks at the resource desk in the library for students to check out for two hours at a time.

"If the book is on reserve, all students have to do is come to the desk and ask for it," said Christopher Shaffer, the dean of libraries. "There is also an E-reserve system. Typically, you can go to our web page and see what professors have books on reserve and go from there."

Each year the university adopts a common reading initiative for the campus, and each freshman class is required to read it.

"Another option that students might not know about is we have the common reading initiative on reserve, so students can get out of buying that," Shaffer said.

The library offers classes on academic writing, research and avoiding plagiarizing. A student can chat with a librarian online or face to face.

Another service is research consultation, in which a student works with a librarian to complete an assignment. The librarians help to come up with research strategies and recommend ways to interpret the research.

Students can search library resources online, using computers or the iPads in the library.

In the fall semester the **Tropolitan staff** will meet on Thursday nights in room 107 of Wallace Hall at 5:30 p.m.

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Your academic odyssey to graduation

Shayla Terry

The path to completing college isn’t always straight or fast.

“I waited two years after high school to start college,” said Alonda Daniels, an undecided major from Troy who was a freshman in the spring. Starting in 2010, Daniels completed one year at Troy.

She said her first year did not go as planned because she wasn’t as dedicated as she should have been. “I still wasn’t ready, so I went into the Army,” Daniels said.

She served three years in the Army as a motor transport operator. She returned home and started Troy University again in the fall of 2015.

“School is still a challenge for me,” Daniels said. “But I work hard at it. I know how important school is now.”

Joshua Lee, a broadcast journalism major from Ashford who was a junior in the spring, said he immediately joined the military after high school.

Three years later, Lee was medically discharged from the Marines after being in a train accident.

“Due to my time spent in the hospital after the accident, I decided I wanted to be an EMT,” Lee said.

He started an emergency medical technician program and was at the brink of completion when he decided the job wasn’t for him.

“It just wasn’t what I wanted to do,” he said. “So I took a year and just did the adult thing — got a job and an apartment.”

“That year, I lost myself,” he said. He struggled with finding a purpose for his life, but eventually he came to a conclusion.



Shayla Terry photo
Joe McCall takes up quizzes from students.

“I decided that if you’re not being productive, you are not doing anything, so I enrolled at Troy to study journalism.”

Joe McCall is a senior lecturer in the History Department at Troy. McCall holds a 4.4 out of 5 rating on Rate-MyProfessors.com.

McCall began the pre-med program as a student at Emory University in 1969. He received his B.A. in Ameri-

Tips for staying on track

Joe McCall, senior history lecturer, offers seven pieces of advice:

1. Make sure that you and the friends that you hang out with have a relationship in which they would question your alcohol and drug use.
2. Make sure your professors know who you are and where you sit, and always go to class.
3. The first week of class, go to your professors’ offices during their office hours. Introduce yourself, and ask them what their goals are for you in the class.
4. Read your syllabus before the first day of class. Read it again during the fourth week of class, and one more time before the class ends.
5. In every class you have, form a study group. Pick one or two people who are smarter than you and one or two people who are struggling. Conspire with each other to all do as well as you can.
6. Read more; watch less TV.
7. Find a service group to volunteer for.

can studies from Idaho State University 30 years later, in 1999.

McCall said leaving Emory to chase love, the 1960s, and a lot of family troubles contributed to his derailment.

“If I went back and changed anything, then all kinds of things would have changed,” he said. “Some mistakes I’ve See **Graduate**, Page 13

Troy University American Sign Language & Interpreter Training Program

We usually meet the first Monday of every month in Hawkins Hall at 7:00 PM. Our meetings are conducted in American Sign Language but they are interpreted so students or anyone who is not familiar with sign language can be involved.

Our club sets up events for students to get involved with the Deaf Community and enables them to have access to events that will help them learn more about ASL and Deaf Culture. It also sponsors students to attend conferences, observe interpreted events, and build leadership skills as well.

Some of our common events include Tailgates at the Troy University Football Games in the Fall, The Helen Keller Lecture Series held every Spring in the Claudia B. Crosby Theatre, and Troy’s very own Alabama Interpreter Metamorphosis (or AIM for short), which is the only student-run/student-led conference regarding American Sign Language and Interpreting in the state of Alabama.



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Get help selecting your major, career

Arneisha Robinson
Teachers often ask students, “What do you want to be when you grow up?” Troy University can help you answer that question.
At some point you may need advice about choosing or changing your major or career path.
“You kind of have to find your way, but we can give you a little jump start,” said Lauren Cole, career coordinator at the Career Services office in Eldridge Hall.
Cole encourages all students to come into the office. The staff’s goal is to help lead students to majors and ultimately jobs that would be the best fit.
One way to help is the assessments that tell each student what careers are the best fit based on personality. Then the team will talk individually to students about their strengths, best subjects and worst subjects.
“This can help narrow down some majors,” Cole said.

For example, if math is not a strong subject, Cole and her team can help cross off majors that depend on math.
“Even if an underclassman knows in their mind what they want to do, it never hurts to talk it out,” she said. “Let’s come up with a Plan B or Plan C. Odds are, students change their mind at least once. So it’s better to come in earlier.”
“Look for internships or shadowing opportunities to see what they are really doing. This could solidify their decision or change their mind. For seniors, there are more direct opportunities like the resume blitz, network mixer and the career fair.”
Every fall and spring semester, Career Services holds a career fair in Sartin Hall that brings more than 40 companies to the students. Representatives attend from employers such as local news stations, Verizon, the city of Dothan and the city of



Arneisha Robinson photos

Students met employer representatives at the university’s Spring Career Fair. At left, Chloe Griffin, a social work major from Birmingham who was a senior, talks with a man from Colonial Life. At right, Samantha Kocan (right), a broadcast journalism major from Montgomery who was a sophomore, interviews Spring-Eve See from the Charles Koch Institute. Kocan was working for TrojanVision, the student television station.

Montgomery.
Georgia-Pacific, a wood products manufacturer, made its first appearance at the Spring Career Fair.
“This was very beneficial,” said Scott Harper, a procurement director for GP. “We went to the mixer

and found some good talent.”
Cole encourages not just seniors to attend the career fair, but even underclassman.
Kathryn “KC” Armstrong, a marine biology

major from Tallahassee, Florida, who was a freshman in the spring, was seeking an internship.
“I came to see what I can get with my major,” Armstrong said. “I want to get into wildlife and wildlife conservation.”
The day before the career fair is a mixer where students can meet some of the representatives who will be at the fair. Students can ask questions and learn what jobs entail in a more laid-back setting.
After graduation, Career Services is still available to Troy University alumni.
Trojan Links is a portal for employers to reach out directly to students, alumni or faculty for job opportunities. Students can upload their resumes to the portal, where employers can look at them.

Safety

From Page 4

“The overall crime rating is based on reported crime on campus and in surrounding areas,” according to collegefactual’s website. Surrounding areas including Troy, Brundidge, Elba and New Brockton.
Within its annual report, the university provides a list of tips for students to keep themselves safe on and around campus, including:
■ Be aware of your surroundings.
■ Follow a well-lit pathway.

- Lock all doors and turn on headlights when entering a vehicle.
- Park in a well-lit area.
- Report any safety concerns to the University Police Department
- Always lock your vehicle.
- Never hold the outer doors for strangers when

coming or going.
■ Get to know your neighbors.
■ Always travel in groups.
Jonathan Jenkins, assistant to the dean of students, said the university “is committed to ensuring the safety, security and comfort of our students.”

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Classes produced summer Tropolitan

This special summer edition of the Tropolitan is a guide to help students achieve success on campus — especially students entering Troy University and participating in IMPACT summer orientation.

Students produced this project, including Holly Ammons, Ty Ammons, Samantha Bankester, Kendall Carbonie, Brittany DuBose, Pierce Godwin, Quinta Goines, Jacob Holmes, April Irvin, Jessica Jones, Jojo McBride, Scott McLendon, Shelby Miller, Jessica Parker, Tiairra Parker, Will Reinert, Arneisha Robinson, Shayla Terry, Lewis Truss, Ngoc Vo, Ryan Wilkes and Tyler Woolley. The Tropolitan newspaper and Palladium yearbook staffs contributed, as well as university photographers.

Most of the students named were in spring journalism classes taught by Assistant Professor Steve Stewart. The Alabama Press Association Journalism Foundation provided funds.

During the fall and spring semesters, students publish the Tropolitan and the Palladium as extracurricular activities, not connected with any class.

You need not be a journalism major to work on the newspaper or yearbook. Newcomers are welcome. Scholarships are available to those who become active writers, editors, ad sellers and business managers.

For information about student media or the Hall School of Journalism and Communication, contact Stewart at 334-670-3328 or the J-school office at 334-670-3583. Or email ssewart71298@troy.edu.

Managing time

From Page 1

she can give to a freshman is to “buy a calendar and use it.”

Ratcliff is an honor student, has a part-time job, and is a member of several campus organizations.

She is the international second grand anti-basileus of Sigma Gamma Rho Sorority Inc., which requires her to travel frequently.

“My calendar is my life,” she said, “because everything I have to do, I write it down, and that ensures I do not overbook myself, and it helps me do things in a timely manner before I have to travel each week.”

Jordan Adams, an athletic training major from Marietta, Georgia, who was a junior in the spring, said that setting a daily agenda is what helps him manage his time the most.

“Every morning I wake up, and I write down everything that needs to happen that day, so I can plan accordingly for everything that has to get done,” he said. “Another thing I use is a big desk calendar, and I write down everything ahead of time, so when I see it on a bigger scale, I can commit to getting it done.”

Agenda setting is something that

followed Adams to college, but he had to incorporate a desk calendar to manage everything he has to do.

“College is a bit different than high school and harder to adjust to,” he said. “Having a desk calendar is kind of like checks and balances. If it’s something I might forget on my personal agenda, I make sure it’s on my bigger calendar.”

Joining student organizations is a big part of becoming a college student, especially during your freshman year, he said.

Organizations that pertain to your major, Greek life and social clubs all demand time and effort, so it is important to take on only tasks that you can handle in addition to your schoolwork, according to Adams.

“It’s OK to say, ‘Hey, I can’t do everything,’ ” he said. “The last thing you want is to be so involved that you can’t put a 100 percent effort into every single thing you do.”

“I would also say, commit to things you’re passionate about. People might come up to you to offer you a position in an organization, but if you’re not really passionate

about it, it’ll be like a grueling task.”

Using calendars and setting daily agendas won’t always work for everybody and in every situation, so as a student you have to figure out what works the best for you, said Buffie Williams, the program coordinator for Student Support Services.

“Not all students work well with detailed planners or even monthly calendars,” she said. “Students need to try one method for a week, and if it does not flow well, they need to select another method.”

Cassady, Ratcliff, Adams and Williams agree that in college you have to focus on the big picture, and once you’ve done that, you can prioritize your responsibilities.

“Determine for yourself why you are here, and let that resonate with you first,” Williams said. “Academics come first — it is your primary reason for being here. Focus on classes, making good grades and becoming acclimated with college life, and everything else will fall into place.”

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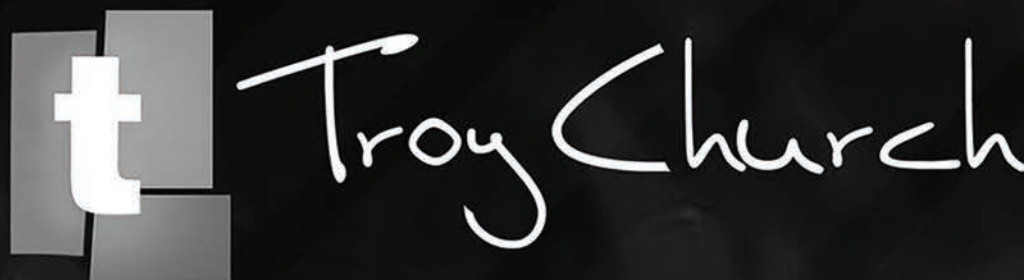
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REAL LOVE FOR REAL PEOPLE.



Troy Church is the place where I finally found a church family. Troy Churchers are so diverse in age and I love that! There are some amazing role models and accountability partners to be found at Troy Church. I'm so thankful to be surrounded by people who are really for me!

Destiny Hollis - sophomore



Shortly after coming to Troy, I found myself feeling broken and empty. I connected with Troy Church about a year and a half ago and am blessed and thankful for the relationships I have made both with college students and adults I look up to. I'm forever thankful for God leading me to Troy Church.

Caleb Alend - senior



When I came to college, I fell into the typical trap of not going to church on Sundays. I just assumed I wouldn't find a church that felt like home, but Troy Church gave me that plus some. I look forward to every Sunday.

Emily Watts - freshman



Troy Church has meant so much to me in the past year of being a member! It has become a family, a place free of the chaos that is college, and a place of encouragement. I've learned so much in and through the ministry that is Troy Church and can not wait to see what the rest of my time here will bring!

Racheal Reeves - sophomore



I love being able to connect with college students and adults while serving Christ. I have so many opportunities to work with Troy Church in the community to share the gospel, and I love being part of a group of people who study what the Bible has to say.

Julia Orcutt - junior



Troy Church gave me a home. In the midst of uncomfortable situations with others, Troy Church displayed “Real Love for Real People” to me and treated me like family.

Boaz Prince - senior

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New school, new you. What outfit?

You might not want to just come out and ask this question as an entering freshman, but we all know what’s going through your head in the final days before the semester kicks off: What do I wear to my first day of college classes?

To answer that question, let me paint the picture of a normal day inside the classrooms at Troy University.

It’s 7:59 a.m., and several people are trying to push through the door together.

Do you think they are dressed the same?

The answer is no. Some took their time getting dressed and decided on something trendy, some woke up 10 minutes before class and came in pajamas, some came straight from the gym, and some look like they are headed for a job interview.

During my time at Troy University, I have seen a variety of attire choices for both male and female students.

Comfort clothes are a staple for most college students.

However, is that really the way you want to present yourself on the first day of your freshman year?

My advice to you is to consider these points:

- Is this the first time you are meeting your professor and/or classmates? If so, what kind of first impression do you want to make?
- What is your major? Are you dressing for the role you want to play in life?
- What kind of attention do you want to attract from others?
- Are you looking for personal gain, or is it pro-



Jessica Parker photo
Samantha Sizemore, senior human services major from Geneva, and Xavier Fields, junior global business major from Montgomery, cross camps in the spring, dressed in what they consider to be appropriate casual wear for class.

fessional gain?

“I think guys are the ones who actually have this one right,” said Samantha Sizemore, a human services major from Geneva who was a senior in the spring.

“They are comfortable but not sloppy. How one dresses shows how much respect they have for themselves. The professors who are seeing your

sweatpants every class are the same people you are going to need reference letters from one day. Make a positive impression on them.”

Now, don’t get me wrong. There are days when even the most professional and serious students just aren’t feeling it.

Those comfort clothes that I mentioned are great for rainy days, sleepy or

sick days, and even days when you just don’t wake up in time to worry about what you are going to wear to class.

“The way you dress crosses over to many other parts of your life,” said Brett Taylor, political science major from Greenville and a senior in the spring, when asked his opinion on how students should dress for class.

“One always wants to try to give the best impression that they can!” he said. “It can affect your ability to get a job, confidence, everything.”

I’m not sure I agree with this statement on a daily basis, but I definitely think you should take this into consideration when you are contemplating that outfit to wear the first day of freshman classes.

“Attire does reflect ef-

fort,” Troy University public relations lecturer Morgan Drinkard said.

Drinkard went on to say that she doesn’t feel that students should have to dress up every day, but that it is important to be presentable and not a distraction to your peers.

Now, for those of you wondering whether Troy has a dress code, here is the rule from the Standards of Conduct that were originally written in 1975:

“Students are expected to dress appropriately and to present a general appearance of good taste and grooming, appropriate to the situation.”

In 2013, Troy Universi-

Opinion



Jessica Parker

ty implemented a campaign known as the “Trojan Way.” This campaign is still being used as a way to promote personal civility, responsibility and accountability among the students.

“Dress properly for the occasion” is the Trojan Way of saying if you wouldn’t go to the first day of class wearing a prom dress, don’t show up for the first day of class wearing your pajamas.

The standards are pretty loose, and you do control your own wardrobe decisions at Troy University; however, my advice is to dress smartly and in your own self-interest.

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Troy African Students Association

GREEK LIFE

Fraternity and Sorority Life

Fall 2016

IFC Fraternity Recruitment Dates:
 IMPACT Interest Sessions: June 13 – July 14
 Recruitment Registration: June 13 – August 15
 Formal Recruitment August 15 – August 19

NPC Sorority Recruitment Dates:
 August 8th-13th, 2016
 Online Registration begins May 1, 2016 & ends July 25, 2016.
<http://troy.edu/greek/sororitylife/>

Contact Information

For more information about Fraternity & Sorority life and about recruitment or convocation, please visit our website at <http://trojan.troy.edu/organizations/greek/index.html>

Fraternity & Sorority Life is located in the Office of Student involvement and Leadership, Trojan Center room 215.

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