

**Miles J. Matisse, PhD, LMHC, LMFT, CAC III, ACS**

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**ACADEMIC PREPARATION**

University of Northern Colorado.....Ph.D.  
Greeley, CO Counselor Education & Supervision (CACREP)  
*Minor:* Marriage and Family Studies  
*Dissertation Title:* Counselor’s Attitudes Toward their Crying in Session and Perceived Emotional Intelligence: An Exploratory Study

Western Carolina University.....M.S.  
Cullowhee, NC Community Counseling (CACREP)

Wesley Biblical Seminary.....M. Div.  
Jackson, MS Pastoral Counseling

The Citadel Military College.....B.S.  
Charleston, SC Business Administration

**RESEARCH INTERESTS**

- Trauma and treatment with ecotherapy modalities
- Contemporary issues facing individuals and family development
- Veterans and post-war impact of reintegration
- Spiritual emergence in human growth and developmental process

**GRADUATE TEACHING EXPERIENCE**

CP 6649 Theories of Counseling  
CP 6634 Drug Education and Prevention  
CP 6655 Practicum- Social Services Program  
CP 6650 Practicum- Clinical Mental Health Program  
CP 6601 Legal and Ethical Issues in Counseling  
CP 6610 Facilitation Skills and Techniques  
CP 6651 Counseling Diverse Populations  
CP 6656 Marriage, Family and Sex Therapy  
CP 6642 Group Counseling  
CP 6659 Internship I  
CP 6660 Internship II  
CP 6661 Internship III  
PSY 6635 Vocational Psychology and Career Counseling  
PSY6644 Bio-Psychology  
PSY 6669 Behavioral Pathology  
PSY 6668 Human Lifespan and Development  
PSY 6670 Diagnosis and Treatment

**RELEVANT EXPERIENCE**

**Troy University (Global Campus/Fort Walton Beach, FL)** (August 2012- Present)

**Assistant Professor/ Counseling & Psychology Program**

**C.A.C.R.E.P. accredited**

- Responsibilities include teaching 8 graduate courses (clinical mental health counseling) over nine-week terms
- Teach counseling classes face-to-face, hybrid, and online formats
- Utilize Blackboard for hybrid and online courses
- Maintain an active research and publication agenda and include students in research
- Advise students on issues related to counseling, career, and professional standards
- Collaborate and coordinate field-based practicum and internship sites in the community to assist students in earning field experience
- Supervise counselors-in-training in practicum and internship class
- Develop and coordinate comprehensive exams, National Counselor Exam, and scheduling of classes for academic year
- Coordinate to meet CACREP standards for accreditation
- Clinical coordinator for training counseling students in campus lab
- Serve on department, college, and university committees and contribute to the university's mission

**Alliance Counseling (Private Practice)** (December 2013- 2016)

**17 Racetrack Rd. NW**

**Fort Walton Beach, Florida**

- Treated individuals, couples, families and group practice
- Utilized Evidence-based practices (CBT, Person-centered, Systemic theory)
- Specialized in grief, trauma, addictions, interpersonal issues, spiritual issues, mood disorders and personality disorders
- Utilized Dialectical Behavioral Therapy (DBT) and certified in EMDR (Eye Movement Desensitization Reprocessing)
- Utilized spiritually-attuned counseling for individuals who prefer a faith-based perspective

**Metropolitan State College of Denver** (August 2010- 2012)

**Adjunct Professor/ Human Services Program**

- Taught and motivated students to excel in their academics
- Assisted students achieve their academic goals and objectives within and outside of the classroom
- Taught in "smart" classroom using modern technology and several media outlets to engage students for effective learning
- Used internet software to communicate, grade, and correspond with students about class and assignments via secure email
- Monitored students progress through various academic channels
- Designed course material, instruct, and prepare academic year plan

- Assisted other professors in teaching and motivating students
- Ensured compliance of university policy and procedure guidelines
- Documented all academic processes and demonstrate teaching excellence

**Aims Community College (Greeley/ Fort Lupton Campuses) (January 2010-2012)**  
**Adjunct Professor/ Psychology Department**

- Taught and motivate students to excel in their academics
- Assisted students achieve their academic goals and objectives within and outside of the classroom
- Taught in “smart” classroom using modern technology and several media outlets to engage students for effective learning
- Monitored students’ progress through various academic channels
- Designed course material, instruct, and prepare academic year plan
- Conducted seminars for students and faculty members
- Assisted other professors in teaching and motivating students
- Ensured compliance of university policy and procedure guidelines
- Documented all academic processes and demonstrate teaching excellence

**Regis University/ Denver (January 2011-2012)**

**Affiliate Professor/ School of Education & Counseling**

*College for Professional Studies/ Master’s Programs*

*11001 W. 120<sup>th</sup> Avenue, Ste. 150, P20*

*Broomfield, Colorado 80021*

- Taught and motivate students to excel in their academics
- Assisted students achieve their academic goals and objectives within and outside of the classroom
- Taught in “smart” classroom using modern technology and several media outlets to engage students for effective learning
- Monitored students’ progress through various academic channels
- Designed course material, instruct, and prepare academic year plan
- Conducted seminars for students and faculty members
- Assisted other professors in teaching and motivating students
- Ensured compliance of university policy and procedure guidelines
- Documented all academic processes and demonstrate teaching excellence

**Argosy University/ Denver (June 2010- 2012)**

**Adjunct Professor/ Psychology & Counselor Education/  
Master’s Programs**

*7600 E. Eastman Ave, 3<sup>rd</sup> Floor*

*Denver, Colorado 80231*

- Taught and motivate students to excel in their academics
- Assisted students achieve their academic goals and objectives within and outside of the classroom

- Taught in “smart” classroom using modern technology and several media outlets to engage students for effective learning
- Used internet software to communicate, grade, and correspond with students about class and assignments via secure email
- Monitored students’ progress through various academic channels
- Designed course material, instruct, and prepare academic year plan
- Assisted other professors in teaching and motivating students
- Ensured compliance of university policy and procedure guidelines
- Documented all academic processes and demonstrate teaching excellence

**Assertive Community Treatment Program Director/**

(May 2005- 2012)

**P.A.T.H. Grant Manager***North Range Behavioral Health**1306 11th Avenue**Greeley, Colorado 80631*

- Assisted with operation and administration of program (i.e. instruct, train, hire, develop and implement program changes, presentations)
- Provided supervision to therapists and case managers, conduct staff evaluations
- Directly worked with diverse groups of people and with persons who are homeless
- Provided crisis interventions, individual and family therapy, clinical assessment
- Lead group therapy (Dialectical Behavioral Therapy and Dual Diagnosis)
- Developed and monitor treatment plan progress and other reporting data
- Worked with individuals who are homeless and suffering from a severe and persistent mental illness
- Maintained a federal 5-year PATH grant (Projects for Assistance in Transition from Homelessness) for North Range Behavioral Health (RFA #SM-04-F2)

**Drug & Alcohol Instructor**

(Aug. 2003- Jan. 2006)

*University of Northern Colorado**University Center/ Student Activities**Greeley, CO*

- Taught drug and alcohol classes to college students
- Utilized power point presentation, videos, lecture, and overheads to vary the class
- Encouraged interaction and respect to promote an environment for students to participate
- Worked collaboratively with guest speakers and police officers

**Psychological Services Clinic**

(Aug. 2003- May 2008)

*University of Northern Colorado**School of Applied Psychology & Counselor Education**Greeley, CO*

- Provided clinical counseling for individual and families from UNC and the community
- Supervised masters level counselor-in-training (Denver, Greeley, and Colorado Springs campuses)
- Recruited clients for master’s and doctoral level practicum

**Mental Health Counselor**

(Jan. 2002- Aug. 2003)

*Blue Ridge Mental Health,  
Community Support Program  
Asheville, NC*

- Counseled with adults in crisis individually and in group therapy settings
- Dealt with issues of depression, anxiety, substance abuse and personality disorders
- Led groups in depression, anxiety, substance abuse and co-led dialectical behavioral therapy (DBT) group where emphasis was on mindfulness, interpersonal skills, emotional regulation and distress tolerance training
- Received training in DBT and utilized cognitive behavioral therapy and brief solution-focused therapy within a person-centered context to foster a therapeutic milieu
- Adhered to a strict code of ethics including confidentiality and utilized computer skills for record keeping
- Provided case-management linking clients with resources in community for post-treatment services
- Worked collaboratively with Department of Social Services and with a multi-disciplinary treatment team to support the program and philosophy, while assuring optimal delivery of quality care

**Pastoral Counselor/Chaplain** of YMCA Conference Center

(May 1998- Aug. 2000)

*YMCA Blue Ridge Assembly  
Black Mountain, NC*

- Counseled with a variety of multicultural college-aged adults
- Led weekly all-inclusive worship service
- Utilized active listening skills, empathy, probing and immediacy to encourage clients to open up and share their stories
- Provided developmental, relationship and career-related issues along with some crisis and grief counseling
- Worked cooperatively with international and multicultural staff on exchange from other countries as well as management-level staff members
- Directed conference services department and maintained and operated company vehicles
- Supervised three staff persons (off-season) to ten staff persons (summers) to coordinate audio-visual support services for guests and prepare meeting rooms for use by guests

**Mental Health/ Pastoral Counselor**

(1997-1998)

*Hospice of Central Mississippi, Inc.  
Ridgeland, MS*

- Provided care and spiritual support for terminally ill clients and bereavement services to families and individuals in the last phase of terminal illness
- Provided palliative care including creating an atmosphere of dignity, respect and quality of life within client's home
- Implemented the Kubler-Ross model of counseling the client through the "grieving stages" (Denial, anger, bargaining, depression, acceptance)
- Emphasized responding to each clients unique needs and dealt with issues of closure, guilt, grieving losses and forgiveness

- Worked collaboratively with a multi-disciplinary team of nurses, social workers, volunteers and physicians to provide optimal client comfort

**Resident Education Parent**

(1996-1998)

***Mississippi Schools for the Deaf and Blind****Jackson, MS*

- Worked as behavioral specialist in the boy's residence hall (8-13 years)
- Coordinated educational activities, provided behavioral counseling and field trips for the students to broaden their experience and improve their life skills to interact in a predominately hearing culture
- Team taught with a hearing-impaired staff member to model basic human interactions, personal hygiene, developing positive attitudes and values for making positive decisions
- Provided a family-like environment to nurture the student's social, intellectual, emotional, and spiritual development in a bilingual and multicultural environment
- Worked collaboratively to maintain a family-like atmosphere and encourage a holistic approach for the student's social, emotional and spiritual development within a bilingual/multicultural environment
- Collaborated with teachers to provide support and feedback on individual students' progress and assessment

**Pastoral Counselor with United Methodist Churches**

(1993-1995)

***Choctaw Indian Reservation****Philadelphia, MS*

- Provided teaching, preparing weekly devotionals and visited the hospital and prison
- Lived on the reservation as a way to bridge cultural differences and nurture rapport and trust
- Served three churches to coordinate youth field trips, mission activities and vacation bible school
- Counseled clients with substance abuse issues, children of divorced parents, authority issues among youth, oppositional defiance, teen pregnancy and anger management
- Utilized a person-centered and solution-focused approach to counseling and advocacy

**ARTICLES (Juried):**

**Matise, M.J.,** Arbel, O., McGuinness, M. & Heaton, K. (2017). Men and women's attitudes toward balancing career and family. *The Annals of Psychotherapy*, 25(4), 67-90.

**Matise, M.J.** (2016). Measuring counselor's attitudes toward crying in session: A pilot study. *The Practitioner Scholar: Journal of Counseling & Professional Psychology*, 5(1), 73-93.

**Matise, M.J.** (2016). Mental health services for military veterans and their families. *The Kentucky Counseling Association Journal*, 1(1), 4-18.

- Matisse, M.J.** (2016). *Individual and family development* (book chapter). The SAGE encyclopedia of marriage, family, and couples counseling, Eds. John Carlson and Shannon Dermer. Thousand Oaks, CA: Sage Publications.
- Matisse, M.J.** (2016). *Developmental model of marriage* (book chapter). The SAGE encyclopedia of marriage, family, and couples counseling, Eds. John Carlson and Shannon Dermer. Thousand Oaks, CA: Sage Publications.
- Matisse, M.J.** (2016). *Phases of family therapy* (book chapter). The SAGE encyclopedia of marriage, family, and couples counseling, Eds. John Carlson and Shannon Dermer. Thousand Oaks, CA: Sage Publications.
- Matisse, M.J.** (2015). An exploration of the personal experiences and effects of counselors' crying in session. *The Professional Counselor, Volume 2, Issue 1 Digest*.
- Matisse, M.J.** and Young, A. (2013). The New wave of therapy. *The Journal of Contemporary Psychotherapy, Spring, 2013*.
- Matisse, M. J.** (2008). Adult development in counseling. Book chapter in *Encyclopedia of Counseling*.
- Matisse, M. J.** (2007). The enneagram: An untapped approach. *Journal of Professional Counseling: Practice, Theory, and Research, vol. 35, 1, Spring*.
- Curtis, R. C., **Matisse, M. J.**, and Glass, J. S. (2002). Counselling students' views and concerns about weeping with clients: A pilot study. *Counselling and Psychotherapy Research, 3*, 300-306.

### BOOKS

- Fitch, T., Marshall, J. & **Matisse, M.J.** (2016). *Group work in counselor education and supervision*. Alexandria, VA: Association for Specialists in Group Work.
- Matisse, M.J.** (2014). *Hope for the sacred: Further explorations on faith, meaning, and commitment*. Outskirts Press: Denver, CO.
- Matisse, M. J.** (2012). *Psyche: The soul of therapy: Explorations in faith, meaning, and commitment*. Balboa Press.
- Matisse, M. J.** (2009). *Counselors' attitudes toward crying and emotional intelligence: An exploration in emotional expression*. Lambert Academic Publishing.

**BOOK REVIEWS**

**Matisse, M.J.** (2013). Emotional intelligence 101 by Gerald Matthews, Moshe Zeidner, and Richard D. Roberts. *The Family Journal*, 21(2), 245.

**Matisse, M.J.** (2015). Couple-based interventions for military and veteran families: A practitioner's guide by Douglas K. Snyder and Candice M. Monson (Eds.). *The Family Journal*, 24(1), 101-102.

**RESEARCH IN PROGRESS**

Matisse, M. J. *Spiritual Assessment Guide*. A tool to help conceptualize a client's perspective on spirituality and ways to integrate into the counseling process (article).

Matisse, M.J., & Price-Howard, K. *Treating Veterans with Post-Traumatic Stress Disorder with Ecotherapy* (article).

Creamer, D.A., Matisse, M.J. *Body image and its effects on adolescent females with regard to eating disorders* (article).

**PRESENTATIONS**

Matisse, M.J. & Price-Howard, K. (2016). *Treating Veterans with Post-Traumatic Stress Disorder with Ecotherapy*. Florida Mental Health Counseling Association. Orlando, FL.

Matisse, M.J. & Price-Howard, K. (2015). *Ecotherapy as an Expressive and Creative Therapeutic Modality for Veterans with Post-Traumatic Stress Disorder*. National Recreation & Parks Association. Albuquerque, NM.

Matisse, M.J. & Price-Howard, K. (2015). *Ecotherapy as an Expressive and Creative Therapeutic Modality for Veterans with Post-Traumatic Stress Disorder*. Association of Recreation & Education. Atlanta, Ga.

Matisse, M. J. (2006, April) *The New wave of counseling: Quantum psychology and implications for counselors*. ACA 2006 Annual Convention. Montreal, Quebec Canada.

Matisse, M. J. & Arbel, O. (2004). *The need for a spiritual awareness guide in counseling*. Accepted for presentation at Rocky Mountain ACES Conference. Denver, CO.

**HONORS**

- National Health Service Corps (NHSC) member (Providing health care services in a high need region)
- Pi Lamda Theta (International Honor Society for Education)
- YMCA Israel Exchange Program (2000)
- YMCA Grist Award for Outstanding Character (1999)
- Selected as delegate to the People to People Ambassador program to China (2004)



- Who's Who (2007)- Cambridge Edition
- Chi Sigma Iota- International Honor Society for Counselors (2004-Present)

**SERVICE**

**Department**

- Chi Sigma Iota (International Counseling Academic Honor Society)- Faculty representative, 2012- Present.
- Counseling Curriculum Committee (Counseling, Rehabilitation and Interpreter Training)
- Counseling Committee on Certification Programs (Developed proposal for Post-Masters Gerontology Certificate Program)

**College**

- Faculty Search Committee: Pensacola (Counseling department)
- Faculty Search Committee: Montgomery (Psychology department)
- Faculty Search Committee: Troy-main campus (Psychology department)

**University**

- Troy Emerald Coast Alumni Association (Board Member)
- Undergraduate Academic Governance Committee (UGAGC)

**Professional**

- Book reviewer for Sage Publications (2003- Present)
- Editorial Review Board (*The Professional Counselor*, 2015-2017)
- Test proctor for Counselor Preparation Comprehensive Examination (CPCE)
- Emerald Coast Mental Health Counseling Association

**Community**

- Hospice volunteer (2012- present)
- Alliance Counseling- Private Practice (2013- present)

**GRANTS**

Faculty Development Grant 2015 (Troy University)

ACES Research Grant 2006-2007 (Association of Counselor Education & Supervision)

The Violet Elliott Stenson Education Award (2005)

Research/Conference Grant 2005 (University of Northern Colorado)

**PROFESSIONAL MEMBERSHIPS and CREDENTIALS**

- Licensed Mental Health Counselor- LMHC/Florida (MH 11935)
- Licensed Marriage & Family Therapist- LMFT/Florida (MT 3260)
- Licensed Professional Counselor- LPC/Colorado (#4120)
- Certified Addiction Counselor- CAC III (#7080)
- Approved Clinical Supervisor- ACS (#00949)
- American Association of Christian Counselors- AACC
- American Psychotherapists Association- APA
- American Counseling Association Member- ACA (#620726)
- American Mental Health Counselors Association- AMHCA (#999041467)
- Association for Spiritual, Ethical, and Religious Values in Counseling
- Chi Sigma Iota- CSI (International Counseling Honors Society)

**CERTIFICATIONS**

- Black Board certified (online teaching) Troy University
- Green Zone Training Certification (Center for Excellence/Troy University)
- EMDR Certified (Eye Movement Desensitization Reprocessing) Level I and II
- National Certified Counselor- NCC (#80195)

**TRAININGS**

- Workplace Harassment: Fundamentals- Higher Ed (2016)
- Student Planning Training (2016)
- CS-102 Introduction to the Campus Sexual Violence Elimination Act- Faculty & Staff (2015-2016)
- Alabama Ethics Law Training (2016)
- Hypnosis Basic Training (6 hours continuing education)