Chapter 3

Settings for Counseling

Different Counseling Roles:
1. Individual Assessment
2. Individual Counseling
3. Family Counseling
4. Group Counseling
5. School Counseling
6. Consultation
7. Mediation
8. Administration
9. Supervision
10. Computer Technology
11. Research

Settings for Counseling

Types of Counseling Settings:
1. Private Practice
2. Mental Health Agencies
3. Crisis Center
4. Public Schools (K-12)
5. College
   - Academic Counseling
   - Counseling Centers
6. Rehabilitation
7. Industrial
   (Employee Assistance)

Settings for Counseling

Guidelines for Selecting a Counseling Specialty:
1. Assess personal strengths & weaknesses
2. Clarify values related to work
3. Visit as many different specialty settings as possible
4. Interview as many counselors in the field as possible
5. Maximize practicum & internship experience
6. Develop a future “orientation”

Settings for Counseling

- It is generally advisable for most beginning counselors to focus on developing a flexible specialty
- Visiting different specialty settings is useful as an aid in selecting a specialty

Settings for Counseling

Guidelines for Selecting a Counseling Specialty:

Students enter counseling preparation with:
- A limited view of the full scope of professional opportunities
- A predisposition toward a particular counseling work setting
- A clearly defined career path
- No earthly idea of which direction to go
Settings for Counseling

Practicum and Internship

• Selecting
  – Site
  – Population

  – Pass / Fail
  – IP ( In Progress)