

**Troy University College of Education  
Global Campus**

**Course Number: PSY 4402**

**Course Title: PRINCIPLES OF COUNSELING**

**Semester Hours: 3**

**Pre-requisite(s): Six semester hours of psychology**

**Meeting Time: Mondays from 5:00 to 10:00 pm**

**Faculty Name: David J. Duggar, EdD, LMHC, LMFT, NCC, CCMHC**

**Faculty Contact Info: dduggar@troy.edu**

**Office Hours: By appointment only**

**Approved Delivery Models:** Face to face lecture, Video Tele-Conference

**Catalog Course Description:**

Overview of major counseling theories and techniques, interviewing, assessment, professional issues, and ethics, and a review of research and practical problems.

**Goals and Objectives of Course:**

After the completion of the course, a student should:

- 1) Be familiar with basic issues in counseling, including ethics and issues related to the counselor as a person.
- 2) Have acquired knowledge about major concepts and practices of contemporary therapeutic systems.
- 3) Be able to select from the various counseling theories those aspects that can be incorporated into your own developing and personalized style of practice.
- 4) Be able to demonstrate the application of various counseling theories to particular cases.

**Approved Text(s) Effective Spring 2010 (contact Undergraduate Curriculum Committee Facilitator for Most Current Textbook Information):**

Gladding, S. T. (2013). *Counseling: A Comprehensive Profession* (7<sup>th</sup> ed.) Boston, MA: Pearson

**Other Materials: APA Manual of Style, 6<sup>th</sup> Edition**

**Method of Instruction: Lecture and guided discussion supplemented with student presentations**

### Course Requirements:

The requirements of the course are as follows:

1. Attend class meetings.
2. Read assigned material.
3. Participate in class discussions or discussions via Internet (online course)
4. Complete all exams.
5. Complete any homework assignments

### Evaluation:

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|-------------------|-----|
| 1. Research Paper | 25% |
| 2. Midterm Exam   | 25% |
| 3. Presentation   | 25% |
| 4. Final Exam     | 25% |

### Additional Services:

**AMERICANS WITH DISABILITIES ACT:** Students with disabilities, or those who suspect they have a disability, must register with the Disability Services Coordinator in order to receive accommodations. Students currently registered with the Disability Services Office are required to present their Disability Services Accommodation Letter to each faculty member at the beginning of each term. If you have any questions, contact the Disability Services Coordinator.

### ABSENCE POLICY:

In registering for classes at the university students accept responsibility for attending scheduled class meetings, completing assignments on time, and contributing to class discussion and exploration of ideas.

In severe cases of inclement weather or other emergency conditions, the Office of Executive Vice Chancellor and Provost will announce cancellation of classes through the local and regional media as well as through the University's web site.

### ACADEMIC MISCONDUCT:

*Students should refer to the Standards of Conduct section of the Oracle, the student handbook, for policies regarding misconduct.* Students who engage in academic misconduct will receive a grade of "F" for the course. Your work may be submitted to an on-line plagiarism detection service. Cheating, plagiarism, or knowingly furnishing false information to the University constitutes academic misconduct, and disciplinary procedures specified in the *Student Handbook* will be followed.

**STUDENT EMAIL ACCOUNTS:**

The University provides an email account for all currently enrolled students. Please access your account by going to <https://mail.troy.edu>. Then read the note at the bottom of the screen to determine your User ID and Password. The University uses this means to communicate with all students.

**Library Support:**

The Libraries of Troy University provide access to materials and services that support the academic programs. The address of the University College Library Web site, which is for all University College and eCampus students, is <http://uclibrary.troy.edu>. This site provides access to the Library's Catalog and Databases, as well as to links to all Campus libraries and to online or telephone assistance by Troy Library staff. Additionally, the Library can also be accessed by choosing the "Library" link from the University's home page, [www.troy.edu](http://www.troy.edu).

**Plagiarism:**

The College of Educations defines plagiarism as:

- Three consecutive words that are not common professional language used from another source without quotation
- Rephrasing another author's words without appropriate citation
- Using another author's ideas or data without appropriate citation
- Submitting another author's or student's writing as one's own
- Directly quoting a source without using appropriate APA style citation to show that it is a direct quote.
- Intentionally taking information from a source and not giving appropriate credit

Students who commit plagiarism will be subject to disciplinary actions as outlined in *The Oracle* for Academic Misconduct and violation of the Honor Code. The Standards of Conduct and Disciplinary Procedures define university procedures in these matters. Students have the right to request consideration by the Student Services Conduct Board.

**Consequences for plagiarism in PSY 3332 are as follows: *A grade of 0/F will be awarded to any plagiarized work turned in for grading.***

## College of Education Psychology Program

As a department of faculty and students dedicated to the *Knowledge, Skills, Values, that are the Learning Goals for Undergraduate Psychology Majors, posited by American Psychology Association (APA)\**, we strive to help students reach the following learning goals and develop the values associated with the science and application of psychology.

1. Students will demonstrate familiarity with the major concepts, theoretical perspectives, and empirical findings, and historical trends in psychology.
  2. Student will understand and apply basic research methods in psychology.
  3. Students will respect and use critical and creative thinking, skeptical inquiry, and the scientific approach to solve problems related to behavior and mental processes.
  4. Students will understand and apply psychological principles to personal, social, and organizational issues.
  5. Students will be able to weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline.
  6. Students will demonstrate information competence and the ability to use computers and other technology for many purposes.
  7. Students will be able to communicate effectively in a variety of formats
  8. Students will recognize, understand, and respect the complexity of sociocultural and international diversity.
  9. Students will develop insight into their own and other's behavior and mental processes and apply effective strategies for self-management and self-improvement.
  10. Students will emerge from the major with realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits, in a variety of settings.
- Retrieved April 2011 from <http://www.apa.org/ed/precollege/about/psymajor-guidelines.pdf>; PDF document available for download.