

TROY UNIVERSITY
Ft Walton Beach Campus

Course Name: *Foundations of Mental Health Counseling*
Course Number: *CP 6605*
Term: *Term 3, January 18-20 and February 8-10*

INSTRUCTOR INFORMATION

Dr. Sharon Thompson

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850-450-5769

OFFICE HOURS

Tuesday 12-5

Wednesday 11-4

Fridays, January 18 and February 8 in Fort Walton 3-5

INSTRUCTOR EDUCATION

PhD, Educational Psychology, University of Alabama
MAMFC, Marital and Family Counseling, Southwestern Baptist Theological Seminary
BS, Belmont University, Psychology
Nationally Board Certified Counselor
LMHC, Florida
LPC, MS
Licensed School Psychologist. MS and GA

Course Pre-requisites: *Admission to the Counseling and Psychology Graduate Program.*

Catalog Description: A study of the historical, philosophical, societal, cultural, economic, and political dimensions within mental health practice. This course will address the professional identity, functions, and issues facing mental health practitioners; principles, theories, and practice of community intervention and the human services network; fiscal and administrative management of programs; and public policy and governmental relations impacting mental health services.

Overall Objective:

This course is designed to promote an appreciation and understanding of the various issues which confront mental health professionals and an understanding and appreciation of the historical perspective of the behavioral sciences and mental health service delivery. The course further seeks to provide the student with the necessary tools and information to make informed decisions in the light of existing regulations, policies, and laws.

Course Objectives:

1. Demonstrate an understanding the historical, theoretical, societal, philosophical, and cultural dimensions of public and private mental health delivery systems.
2. Demonstrate an understanding of the historical foundations of mental health services and the behavioral sciences in general.
3. Demonstrate an understanding of the current laws, policies and regulations governing the delivery of mental health services.
4. Be able to demonstrate an understanding of professional identity, roles, function, and issues which involve/ face mental health professionals in today's environment.
5. Demonstrate an appreciation of ethical and legal considerations as pertains to mental health counseling.
6. Demonstrate a working knowledge of the roles of mental health professionals within community intervention programs, human services networks, and interdisciplinary treatment teams.

Required Texts:

Gladding, S.T., & Newsome, D.W. (2010). Clinical mental health counseling in community and agency settings. (3rd ed.). Upper Saddle River, NJ: Pearson.

Students should order textbooks as soon as possible to insure receipt prior to the beginning of the term. Troy University's official bookstore is MBS Direct at <http://bookstore.mbsdirect.net/troy.htm>

MBS is the official provider of the approved textbooks for each term. Orders may be placed online with a credit/debit card or by phone (1-800-325-3252). **Students purchasing textbooks from other sources do so at their own risk in relation to order accuracy, timely receipt, or completeness of materials.**

The textbook provider for Troy University is MBS Direct. The Web site for textbook purchases is <http://direct.mbsbooks.com/troy.htm> .

Students should have their textbook from the first week of class. Not having your textbook will not be an acceptable excuse for late work.

ADDITIONAL READING

Required : Additional handouts and journal reprints will be provided by the instructor throughout the term. The student will be responsible for this material on the examinations.

ENTRANCE COMPETENCIES

The student must possess the knowledge and skills of a college graduate and the capability to perform on a college level. Knowledge of basic mathematics, such as multiplying and dividing fractions and using percentages, simple algebra, and the ability read and construct graphs, is assumed. Students who feel they do not possess the needed graphical skills should work through the tutorial listed in the “Useful Web sites” section of this syllabus.

STUDENT EXPECTATION STATEMENT

- The student is expected to participate in the course each week by reading the assigned readings, submitting assignments, and completing exams in a timely fashion.
- Students are expected to participate in class discussion

TROY E-MAIL

Effective July 1, 2005, all students were required to obtain and use the TROY e-mail address that is automatically assigned to them as TROY students. All official correspondence (including bills, statements, e-mails from instructors and grades, etc.) will be sent **ONLY** to the troy.edu (@troy.edu) address.

- **If this course is web-enhanced or a “hybrid” course, all students are responsible for ensuring that the correct e-mail address is listed in Blackboard by the beginning of Week #1.** E-mail is the only way the instructor can, at least initially, communicate with you. It is your responsibility to make sure a valid e-mail address is provided. Failure on your part to do so can result in your missing important information that could affect your grade.

Your troy.edu e-mail address is the same as your Web Express user ID following by @troy.edu. Students are responsible for the information that is sent to their TROY e-mail account. You can get to your e-mail account by logging onto the course and clicking “E-mail Login”. You will be able to forward your TROY e-mail to your eArmy e-mail account. You must first access your TROY e-mail account through the TROY e-mail

link found on the Web site. After you log in to your TROY e-mail account, click on “options” on the left hand side of the page. Then click on “forwarding.” This will enable you to set up the e-mail address to which you will forward your e-mail.

COURSE REQUIREMENTS

The focus of this class is both on theory and experiential learning: 1-Lectures, active class and small group discussion; 2-Student group panel discussions; 3-Student activities; 3-Videos and Website Assignments; 4-Analysis of Text; 5- Participation; 6-Field experiences.

Requirements:

Because we learn from each other, interactive discussion is encouraged during class. The instructor’s role will be that of mentor and learning facilitator. This stance will be encouraged and modeled in class. Please be prepared to engage in discussion with your classmates about their experiences and provide feedback and support accordingly.

The expectation for this class should be that work outside the class in the group is mandatory in order to complete the research project. Each group will meet periodically to discuss the progress of the project and individual participation in the project of each student

-Participation is essential to this course The factors used to assess your grade include participation in all discussions and staying current with assigned readings. **15 minutes late arrival** will count as an **absence**. **Leaving** the class **early** will count as an **absence**. Make sure you arrive on time and stay till the end of class period. **ALL CELLULAR PHONES MUST BE TURNED ON VIBRATE DURING CLASS PERIOD.** **No text messaging is allowed during class time.**

Course Requirements:

Each student will be expected to prepare a 20-minute oral presentation on a topic that is relevant to the subject matter of this course. This presentation must include a power point presentation, a class handout with references, and an interactive learning activity. Topic must relate to a mental health facility that the student visits. Topics are not limited to these areas and the student is encouraged to find a topic that is not only of interest to them but which will contribute to the working knowledge of other students. Topics for the presentation must be submitted to the professor in writing for approval no later than the second week of class. The student should be prepared to give his/her presentation as indicated in the class schedule and assignments section of these syllabi. Submit this class handout with references to LIVETEXT.

In addition to the presentation, each student will be required to visit a second mental health agency/community services agency that would be a resource for a

counselor and write a 1 page synopsis of this agency Students will provide copies of their summary, agency brochures and contact information for all class members, and be prepared to discuss this agency's services with the class.

Research Component:

Each student is required to complete a research project (as defined in Course Requirements) and to present the results of their research in an oral presentation to the class. The successful completion of this requirement will require the student to use the resources of available libraries and/ or the internet.

MAKE-UP WORK POLICY

Missing any part of this schedule may prevent completion of the course. If you foresee difficulty of any type (i.e., an illness, employment change, etc.) which may prevent completion of this course, notify the instructor as soon as possible. Failure to do so will result in failure for an assignment and/or failure of the course. See "Attendance," above.

If I have not heard from you **by the deadline dates for assignments, exams, etc.**, no make-up work will be allowed (unless extraordinary circumstances existed, such as hospitalization). Requests for extensions must be made in advance and accompanied by appropriate written documentation if the excuse is acceptable to the instructor. "Computer problems" are not an acceptable excuse.

INCOMPLETE GRADE POLICY

Missing any part of the Course Schedule may prevent completion of the course. If circumstances will prevent the student from completing the course by the end of the term, the student should complete a request for an incomplete grade.

Note: A grade of incomplete or "INC" is not automatically assigned to students, but rather must be requested by the student by submitting a *Petition for and Work to Remove an Incomplete Grade* Form. Requests for an incomplete grade must be made on or before the date of the final assignment or test of the term. A grade of "INC" does not replace an "F" and will not be awarded for excessive absences. An "INC" will only be awarded to student presenting a valid case for the inability to complete coursework by the conclusion of the term. ***It is ultimately the instructor's decision to grant or deny a request for an incomplete grade, subject to the policy rules below.***

Policy/Rules for granting an Incomplete (INC)

- An incomplete cannot be issued without a request from the student.
 - To qualify for an incomplete, the student **must**:
 - a. Have completed over 50% of the course material and have a documented reason for requesting the incomplete. (50% means all assignments/exams up to and including the mid-term point, test, and/or assignments.)
 - b. Be passing the course at the time of their request.
- If both of the above criteria are not met an incomplete cannot be granted.**
- **An INC is not a substitute for an F. If a student has earned an “F” by not submitting all the work or by receiving an overall F average, then the F stands.**

TECHNOLOGY REQUIREMENTS

Students must have:

- A reliable working computer that runs Windows XP or Windows Vista.
- A TROY e-mail account that you can access on a regular basis (see "TROY e-mail" above)
- E-mail software capable of sending and receiving attached files.
- Access to the Internet with a 56.9 kb modem or better. (High speed connection such as cable or DSL preferred)
- A personal computer capable of running Netscape Navigator 7.0 or above, Internet Explorer 6.0 or above, or current versions of Firefox or Mozilla. Students who use older browser versions will have compatibility problems with Blackboard.
- Microsoft WORD software. (I cannot grade anything I cannot open! This means NO MS-Works, NO WordPad, NO WordPerfect)
- Virus protection software, installed and active, to prevent the spread of viruses via the Internet and e-mail. It should be continually updated! Virus protection is provided to all Troy students free of charge. Click on the following link <https://it.troy.edu/downloads/virussoftware.htm> and then supply your e-mail username and password to download the virus software.

TROY UNIVERSITY POLICY STATEMENTS

NON-HARASSMENT, HOSTILE WORK/CLASS ENVIRONMENT

Troy University expects students to treat fellow students, their instructors, other TROY faculty, and staff as adults and with respect. No form of “hostile environment” or “harassment” will be tolerated by any student or employee.

AMERICANS WITH DISABILITY ACT (ADA)

Troy University supports Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, which insure that postsecondary students with disabilities have equal access to all academic programs, physical access to all buildings, facilities and events, and are not discriminated against on the basis of disability. Eligible students, with appropriate documentation, will be provided equal opportunity to demonstrate their academic skills and potential through the provision of academic adaptations and reasonable accommodations. Further information, including appropriate contact information, can be found at the following link: Error! Hyperlink reference not valid..

STANDARDS OF CONDUCT: HONESTY AND PLAGIARISM

The awarding of a university degree attests that an individual has demonstrated mastery of a significant body of knowledge and skills of substantive value to society. Any type of dishonesty in securing those credentials therefore invites serious sanctions, up to and including suspension and expulsion (see Standard of Conduct in each TROY Catalog). Examples of dishonesty include actual or attempted cheating, plagiarism*, or knowingly furnishing false information to any university employee.

The commission of or the attempt to commit any cheating and/or plagiarism are in violation of the Standard of Conduct stated in the Troy University Catalog and Oracle, and may be disciplined by any means including warning, resubmission, loss of marks, failure on a particular assignment or the course and up to and including suspension and expulsion from the University.

*Plagiarism is defined as submitting anything for credit in one course that has already been submitted for credit in another course, or copying any part of someone else's intellectual work – their ideas and/or words – published or unpublished, including that of other students, and portraying it as one's own. Proper quoting, using strict APA formatting, is required, as described by the instructor. All students are required to read the material presented at: <http://troy.troy.edu/writingcenter/research.html>

- Students must properly cite any quoted material. No term paper, business plan, term project, case analysis, or assignment may have no more than 20% of its content quoted from another source. Students who need assistance in learning to paraphrase should ask the instructor for guidance and consult the links at the Troy Writing Center. If students have questions about plagiarism, they should go to <http://uclibrary.troy.edu/help/helps-plagiarism.htm>
- This university employs plagiarism-detection software, through which all written student assignments are processed for comparison with material published in traditional sources (books, journals, magazines), on the internet (to include essays for sale), and papers turned in by students in the same and other classes in this and all previous terms. The penalty for plagiarism may range from zero credit on the

assignment, to zero in the course, to expulsion from the university with appropriate notation in the student's permanent file.

LIBRARY SUPPORT

The Libraries of Troy University provide access to materials and services that support the academic programs. The address of the TROY Global Campus Library Web site, which serves all Global Campus students, is <http://uclibrary.troy.edu>. This site provides access to the Library's Catalog and Databases, as well as links to all Campus libraries and online or telephone assistance by Troy Library staff. Additionally, the Library can be accessed by choosing the "Library" link from the University's home page, www.troy.edu.

FACULTY EVALUATION

In the eighth week of each term, students will be notified of the requirement to fill out a course evaluation form. These evaluations are completely anonymous and are on-line. Further information will be in the email notifying you of the location and availability of the evaluation.

Method of Evaluation:

1. Presentations	40 Points
2. Final Exam	40
3. Field Experience	15
4. Class Participation	<u>5</u>
Total	100 Points

Assignment of Grades:

A = 90-100 (Thorough demonstrated understanding of the subject.)

B = 80-89

C = 70-79

D = 60-69

F = less than 60

Tentative CLASS SCHEDULE AND ASSIGNMENTS

	<u>Topic</u>	<u>Assignment</u>
<u>Weekend 1</u>		
Friday	Introduction	Gladding and Newsome Chapters 1-3
	Trafficking	Gladding and Newsome Chapters 4-6
Saturday	Domestic Violence	Gladding and Newsome Chapters 7-9
	Family Counseling Panel	Gladding and Newsome Chapters 10-14
	Hospice and Grief Issues	
Sunday	as scheduled by student	Field experience
Weekend 2		
Friday/Saturday	In-Class Research Presentations	
	Field Experience Discussions (Prepare handout--one per student)	
	Community Panel	
		* Field experience paper due
Sunday		In-Class Comprehensive Final exam Class Field experience